

Race Organisers

Anti-doping content

1. Sport Ireland - NGB Relationship
2. Who is the Event Contact Person (ECP)?
3. Pre event contact protocol between the Anti Doping unit and the Event Contact Person.
4. Roles and Responsibilities of the ECP.
5. Setting up a Doping Control Station.
6. Protocol for access to the Doping Control station.
7. Layout of the Doping Control Station.
8. What work do the Sample Collection Personnel do at an event?
9. Testing Athletes during Covid-19.
10. Certificate Upload for completion of moodle segment.

1 Sport Ireland – NGB Relationship

The Anti-Doping Unit (ADU) is a unit within Sport Ireland. On behalf of the National Governing Bodies of Sport in Ireland, the Anti-Doping Unit carries out drug testing in sport, both in-competition and out-of-competition.

In-Competition refers to testing at events and Out-of-Competition refers to testing at athletes homes or training grounds.

This content is concerned with testing In-Competition, at events.

The Anti-Doping Unit sends a team of Sample Collection Personnel (SCP) to test at an event – usually one Lead Doping Control Officer and a Chaperone for each test being conducted.

2 Who is the Event Contact Person?

The Event Contact Person (ECP) plays a very important role on the day of a competition or event.

The ECP is the representative of the event and National Governing Body on the day and liaises with the Lead Doping Control Officer from the team of SCP.

The ECP should:

- Be familiar with the event and the venue/facilities.

- Have the authority to make necessary changes to accommodate testing.

- Understand and complete the responsibilities outlined below.

The ECP should be a member of the event local organising committee.

It is recommended that the ECP does not have any other significant obligations on the day of an event – i.e. that they are available to assist

and work with the team of Sample Collection Personnel.

If the ECP has other duties, they need to leave a mobile number with the Doping Control Officer so they can be contacted if any issue arises.

3 Pre event contact protocol between the Anti Doping unit and the Event Contact Person

Prior to the event, the Anti-Doping Unit may contact the Anti-Doping Officer of an NGB to discuss arrangements for the day.

The Anti-Doping Unit also conducts 'no advance notice' testing at some events, therefore, it is imperative that the information you submit to Triathlon Ireland is accurate and up to date. Should information change, contact the Triathlon Ireland Anti-Doping Officer at anti-doping@triathlonireland.com.

Triathlon Ireland will require the following information for the event:

- What is the exact location of the venue?

- Where is the Doping Control Station situated? Is it lockable?

- Will the ECP be able to set up the station as per the guidelines below or is the Sport Ireland mobile unit (a camper van) needed?

- Do the Sample Collection Personnel require any passes to get access to the event or any area within the event venue?

- Sample Collection Personnel all carry an I.D. as below – will this be sufficient to get access to the event, or do personnel need special passes for the day?

- Do the Sample Collection Personnel require car passes, and is car parking available near the venue?

- What is the best time for the Sample Collection Personnel to arrive?

- What is the best meeting place for the Sample Collection Personnel and the ECP?

- What are the most appropriate competitions/races to test at the event?

4 Roles and Responsibilities of the ECP

Before the Event

- Know the details of the event and provide them to the Anti-Doping Unit – e.g. start times / finish times of races.
- Arrange access passes for all areas of the competition venue (i.e. Finish Line, etc) for the Sample Collection Personnel and also car passes if necessary.
- If passes are needed before the event, forward them to the Triathlon Ireland National Anti-Doping Officer.
- Inform Triathlon Ireland of any changes to the event details, particularly time changes.
- Set up the Doping Control Station.

On the Day of Event

- Be available on the day of the event to meet and liaise with the Lead Doping Control Officer and direct the team to the location of the doping control station, and answer questions with regard to the venue and the event.
 - Assist in arranging transport to the Doping Control Station or Race Venue if it is not immediately accessible.
 - Ensure that the Doping Control Station is tidy and secure - take on board and accommodate, where possible, any suggestions for improvement to the Station made by the Lead Doping Control Officer.
 - Equip the Doping Control Station with non-alcoholic sealed drinks for athletes to re-hydrate after their event. At least 2 litres of sealed water per athlete should be provided, preferably in sealed 500ml bottles.
- Where necessary, liaise with athletes, team officials, NGB officials etc. to ensure the smooth running of testing.
- Attend the selection draw where appropriate. This is where the Lead Doping Control Officer will select the athletes for testing.
 - Identify an appropriate area where the Chaperones will be able to notify athletes that they have been selected to be tested.

5 Setting up a Doping Control Station

The facilities at which an event is held may not necessarily allow all the following conditions to be realised, but we would ask that as many criteria as possible be met, both for the integrity of the Sample Collection Procedure and the comfort and respect of your athletes.

- Facilities for Doping Control should provide privacy for athletes and security for the sample collection procedure - situate the station in a private room that is secure.
- The Doping Control Station should be situated as close to the competition area as possible. Consideration should also be given to the visibility of athletes being escorted to the station and ideally they should not have to walk across the competition venue in front of spectators.
- The room should be for the sole purpose of Sample Collection so as to ensure the privacy of your athletes. Please consider the lighting, heating and general comfort of the room for your athletes, who may have a considerable time to wait before the process is finished.
- The entry door to the Doping Control Station must be secure, and preferably lockable.

6 Protocol for access to the Doping Control station

- Access to the Doping Control Station is restricted to authorised personnel only.
- (Lead) Doping Control Officer.
- Chaperones.
- Selected athletes.
- Accompanying representatives of the selected athletes.
- National/International Federation Doping Control Official.
- Interpreter (if required).
- Other authorised personnel i.e. Sport Ireland observers/WADA observers.

7 Layout of the Doping Control Station

Within the doping control station 3 areas are required (separate if possible but segregated in so far as possible):

1. Waiting area

2. Administration area

3. Area for sample collection

Please consider if the heat of the room needs to be adjusted for the comfort of the athletes – supply fans or heaters where necessary.

1. Waiting Area

This area should be equipped with chairs, space for adequate supply of non-alcoholic drinks in unopened containers and a rubbish bin. Reading material, television or a radio are helpful to create a relaxed atmosphere in the area.

2. Administration Area

This area should have good lighting and contain a table and chairs, washbasin, soap and towels. If possible a lockable refrigerator for storage of samples should also be supplied.

If separate rooms are not available for waiting and administration areas, a single room can be separated by a partition or screen.

3. Sample Collection Area

At least one toilet is required in the sample collection area and if possible a separate sample collection area should be provided for each sex being tested.

Sufficient space is needed to accommodate the Chaperone/Doping Control Officer and athlete in this area, to ensure that the Chaperone/

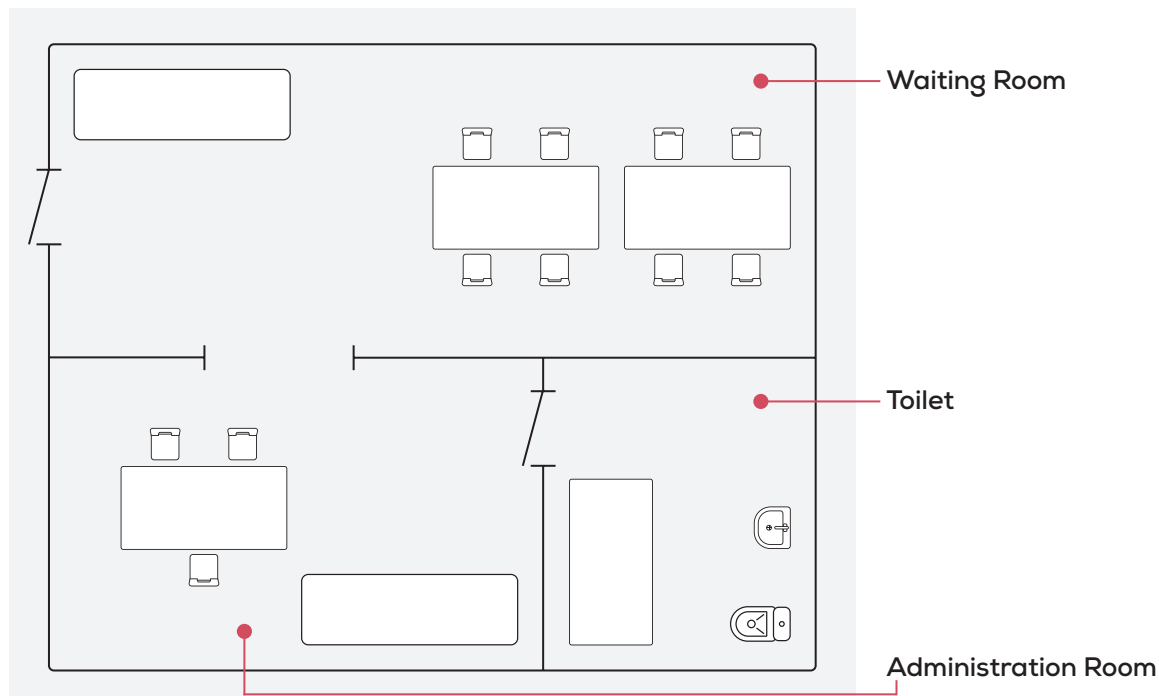
Doping Control Officer can observe the provision of the sample. Wheelchair accessible toilets, if available, are ideal.

If there are no toilet facilities at the venue the ECP should arrange either a portaloos or hotel room can be hired or in some cases Sport Ireland can provide a mobile testing unit (camper van).

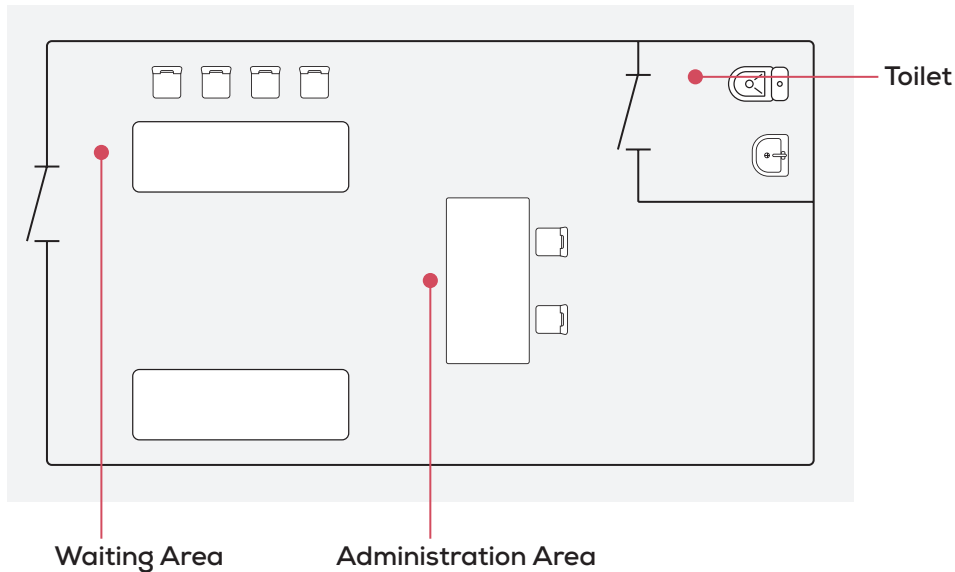
Please set up the Doping Control Station with the waiting area and administration areas as near to the toilet area as possible. If they are not beside each other, please take steps such as blocking off the corridor between the two areas where the athletes will be walking when holding their sample.

Doping Control Layout

An Ideal Doping Control Station Layout



An Alternative Doping Control Station Layout



8 What work do the Sample Collection Personnel do at an event?

- The team of Sample Collection Personnel will set up their equipment in the Doping Control Station.
- A draw may be made as to what athletes are being tested. The ECP may be needed to assist the Chaperones as to the best place and time to notify the athletes.
- The Chaperones will notify the athletes and stay with the athlete until the athlete returns to the Doping Control Station to provide a urine sample.
- The athlete should report immediately to the DCS. However, the following activities may be undertaken by the athlete before reporting to the DCS:
 - locating a representative and/or interpreter;
 - obtaining identification;
 - fulfilling media commitments;
 - warming down including obtaining clothing. If the athlete is taking part in a warm down the Chaperone must be able to have him/her in sight at all times;
- participation in a presentation ceremony
- obtaining necessary medical treatment or having a massage;
- Any other reasonable circumstances as determined by the DCO and which shall be documented
- The athlete provides a sample, which is witnessed by the Chaperone, and the sample is processed for the laboratory in the Doping Control Station by the DCO.

9 Testing Athletes during Covid-19

To ensure the health and safety of both the Athletes, and SCP, the athlete will be asked to complete an Athlete questionnaire at the start of an anti-doping test by a Doping Control Officer.

The Anti-Doping Unit has put a number of measures in place whilst conducting testing to minimise any risk and to ensure the safety of Athletes and SCP. Some of these include:

- Adhering to Government/Regulatory advice including:
 - SCP will sanitise hands before entering the venue of testing and hand sanitiser will be provided to athletes;
 - SCP will wear gloves throughout

the sample collection process and Athletes also will be offered the same;

- SCP will wear face masks at all times and Athletes will be provided with face masks on request to wear if they choose;
- All disposable material will be safely disposed of into a garbage bag and removed by the SCP;
- SCP will disinfect the Doping Control area before and after the sample collection process.
- The SCP will self-certify, before leaving their household to complete each anti-doping test to which they have been assigned, that they are well, have no symptoms or been

in contact with anyone who has symptoms, tested positive or is isolating.

All of the SCP are trained on the new requirements and understand the procedures put in place for the protection of all involved. Athletes are asked that they contact the Sport Ireland Anti-Doping Unit if they have tested for COVID-19 within 3 weeks post their anti-doping test as we will be responsible for contacting and advising the SCP who collected the sample and the laboratory (through the provision of the sample code number only).



Certificate Upload to complete Moodle

Sport Ireland's e-Learning programme covers all the key topics in anti-doping that athletes and athlete support personnel need to be aware of.

Triathlon Ireland asks that all Race Organisers and ECP complete the certification and upload to their Triathlon Ireland accounts.

Certificates are valid for 3 years upon completion.

[Sport Ireland Anti-Doping eLearning](#)