

Safeguarding guidance for Club online sessions

Coaching

Triathlon Ireland insurance will cover qualified coaches to coach over zoom/skype. Coaches should observe the following and record session.

1. Attendance: Zoom can take attendance automatically once set up
2. Screening: If the coach does not have access to relevant medical/injury information as usual ask anyone attending to submit in advance (to be stored confidentially with permission from the athlete or deleted post session).
3. Indoor sessions: Include the following advice for set up:
 - Have a set space to workout in - clutter free
 - Appropriate clothing to be worn
 - Appropriate floor surface to be used etc.
 - Ask the group to check their own equipment.
4. For outdoor sessions: Ensure you advise your members to comply with government advice (within 2 kilometres of your home and only with people from your own household - keeping 2 metres between you and other people)

Safeguarding

Clubs and coaches should have the following safeguarding protocol in place for Junior zoom or online sessions.

1. All sessions must be password protected.
2. Parents/guardians will be emailed a zoom link and password directly once registered.
3. The zoom link must not be shared with a third party under any circumstances.
4. Waiting room function should be used so people can be checked in.
5. Sharing screen option should be turned off for meeting participants.
6. Coaches/leaders taking the sessions must undergo TI safeguarding protocol including Garda Vetting or Access NI, completed the Sport Ireland Safeguarding training course and signed a code of conduct.
7. If the child is under 10 years of age the parent should remain in the room with them during the session.
8. Meetings can be locked once all participants have been let in from the waiting room.
9. Online sessions should not be recorded.

Further Resources:

Netaware: <https://www.net-aware.org.uk/networks/zoom/>

[Sport Ireland Staying safe online](#)

[Triathlon Ireland Social Media Guidance for Coaches](#)

[Triathlon Ireland Social Media Guidance for Clubs](#)

[Triathlon Ireland Social Media Guidance for Juniors](#)