

Board Nomination Form

Nominee Details

ROLE	
Name	Maxine Strain
Address	
Mobile Phone No.	
email address	

I have read the Person Specification for the role and wish to nominate for the board as follows:

ORGANISATION	KEY CONTACT
Position Nominated for:	Ordinary Director
Nominated By:	Barry Moran, Secretary, Naas Tri Club
TI Membership Number	10049449 (Barry Moran)

Please complete a motivational statement summary of your skills and experience relevant to the skill sets identified and supporting statement detailing your motivation for applying for the role below. This will be provided to the wider membership of Triathlon Ireland for their consideration prior to the election of candidates at the AGM.

Please summarise your skills and experience relevant to the skillset and supporting statement detailing your motivation for applying for the role.

Since 2018 I have been an active participant in the sport of Triathlon. Not having come from a sporting background, Triathlon has offered me the opportunity to discover the true joy and benefits of sport participation.

In every step of my journey so far, I have volunteered for roles and signed up to the educational pathway within Triathlon, in order to learn and contribute to my club and the sport as a whole. The opportunities have been vast but here are some of the activities I have undertaken:

- Naas Tri Committee Member
- Race Director, Naas Tri
- Triathlon Coaching pathway: Tri Leader, Coaching Level 1 & Coaching Level 2
- Triathlon Ireland Coach Mentor
- Triathlon Ireland Coach Developer (Sport Ireland)
- Swim Smooth Certified Coach
- Coaching Women in Sport group in 2020 and shortly again in 2021 for Naas Tri
- Various CPD opportunities for coaches

As a woman considering being a coach, I have even had to reflect on my own preconceived ideas about the contributions I would be able to make to the sport. It has been a challenge but I have found my voice! I have realised that putting myself forward as a role model for other women to get involved in sport, coaching, mentoring and volunteering is vital for the equity in the sport. I am passionate about supporting and encouraging participants from all ability levels. I believe my own fairly recent novice triathlete experience, along with my coaching experience, helps me to appreciate the supports and structure required to get people involved in Triathlon.

Although I now work as a full time Triathlon Coach, my previous education and work experience in sales, marketing, PR and event management provide invaluable skills in communication, understanding the target market and providing a good 'customer' experience.

In the role of Ordinary Director, I can bring a different perspective on a variety of my experiences within the sport in order to offer an accurate representation as a participant, club member, coach, mentor and tutor within Triathlon.

Please highlight particular high-level skill sets that you feel you have in any of the following areas:

Skillset	Detail
Financial	
Legal	
Risk / Compliance	
Sports Administration	
Governance	
Information Technology	
High Performance Sport	
Commercial / Marketing	Sales, marketing, PR and event management experience.
Human Resources	
Major Event Management Expertise(Race Organiser, Technical Official), Sports Industry Expertise, Facility Development Expertise	Race Director for Naas Tri Club. The club runs the Galco Duathlon series in PuncHESTOWN which consist of 3 events. There is also a pool based Sprint triathlon in the Killashee, Naas.
Youth Sport Expertise, Coach Education	Level 2 Triathlon Ireland qualified coach and coach developer. Full time triathlon coach to both adults and children.
High Performance Systems (any sport) Expertise	

I wish to nominate for the above role, and if elected, agree to act first and foremost in the best interests of Triathlon Ireland and the sport nationally at all times, regardless of any regional or club affiliation. If elected, I agree I will declare any real or potential conflicts of interest to my fellow board members:

SIGNATURE:

Date: 22nd March 2021

