

# Regional Training Hub Coaches

Triathlon Ireland are recruiting qualified coaches to assist part-time in the operation of the Triathlon Ireland Youth Regional Training Hubs. As part of the Triathlon Ireland Youth Development Plan, Triathlon Ireland wants to create high quality, consistent opportunities for more young athletes to take part in triathlon training in a safe and fun environment. We also want to create a clear and supportive pathway for development athletes to progress towards High Performance. In order to facilitate this, the Triathlon Ireland Youth Regional Training Hubs have been established. The Regional Training hubs will add a step on the pathway programme for young athletes as well as provide young athletes all over Ireland with regular training sessions facilitated by highly experienced Triathlon Ireland coaches. The hubs will be overseen by the Triathlon Ireland Development team and while they will be aimed at all levels from participation up, they will be linked to the Emerging Talent Programme and High Performance Unit.

There will be four regional hubs based around Ireland. The aim of the hubs is to engage with developmental athletes from the age of 12 to 17. The primary focus is to retain the athletes in the sport of triathlon through the difficult years of adolescence, where the dropout from sport is at its highest. We would also like to develop them as young athletes so they can fulfill their sporting potential but also teach and instill life skills, sportsmanship, independence and social skills while building friendships.

There will be no criteria for the junior athletes to attend these sessions apart from being a member of Triathlon Ireland, so there will be a wide range of ability levels in attendance. The aim is to have a number of sessions per region per year, depending on Covid-19 restrictions. We are aware of the importance of club training and the hubs will operate in partnership with the clubs and club coaches. Following consultation with junior athletes, the feedback included a request for regular training sessions with their peers and the regional training hubs will aim to provide this.

# Role Information

<b>Role:</b>	Leinster, Munster, Ulster, Connacht Regional Training Hub Coach
<b>Recruitment:</b>	Coaches will be asked to submit qualifications and experience and may be required to interview.
<b>Location:</b>	Exact locations TBC, coaches will be based in their own province
<b>Reporting to:</b>	Gary Crossan, Project Lead, Triathlon Ireland
<b>Payment:</b>	This is a paid position, coaches will be paid a set amount per session depending on their role. It is anticipated that there will be approximately six days coaching per year.

# Requirements

- Garda Vetted or/ and Access NI
- Completed a minimum of a Safeguarding 1/Safeguarding children and young people in sport course
- Signed code of conduct
- Completed the WADA Coach certification
- Hold a Level 2 Triathlon Ireland qualification (other qualifications will be considered)

# Duties & Responsibilities

- To create training groups for athletes aged 12 -17 yrs of age within each region in Ireland.
- To ensure a high level of safeguarding protocols are in place at each session and a child centred environment is a priority.
- To develop a high quality coaching programme within each region to maximise participation and performance of athletes who attend these regional training hubs.
- The planning, organisation and execution of high quality and varied training sessions.
- To implement appropriate Health and Safety policies and procedures at each session.
- To work in conjunction with club coaches who work with athletes on a daily/weekly basis.
- To provide appropriate mentoring support and guidance to other coaches and volunteers involved in the regional hubs.
- To take responsibility for your own personal development.
- To work in partnership with local clubs to develop the hubs
- To liaise with Triathlon Ireland via the Project Lead.
- To liaise with parents/guardians of the juniors attending the hubs.
- To attend any relevant CPD provided by Triathlon Ireland.

# Support

The hubs will be overseen and managed by the Triathlon Ireland Project Lead and Development Team who will be on hand to support coaches with the following:

- Set up and logistics for the sessions
- Safe recruitment of additional coaches
- Provide/ facilitate additional CPD as identified
- Communication with parents/guardians of junior hub attendees
- Regular communication and group calls to support all coaches and ensure a consistent approach
- Interaction with the Emerging talent programme and High Performance Unit



If you would like to be part of our Regional Training Hubs Coaching Team or have any questions please do not hesitate to contact any member of the Triathlon Ireland Development Team. We would be more than willing to talk through any queries you have.

Applications, CV & Cover Letter, should be emailed to Gary Crossan by 5pm on Monday, 31 May 2021.

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