



Triathlon
Ireland

A W A R D S

20
24

Schedule of Awards

1. Gratitude Award
2. Age Group Triathlon National Championships
3. Aquathlon Medalists, Lough Cutra
4. Aquabike Medalists, Skerries Triathlon
5. Duathlon Medalists, Phoenix Park
6. Sprint Distance Medalists, Crooked Lake
7. Standard Distance National Medalists, Pikeman
8. Middle Distance Medalists, The Lost Sheep
9. Duathlon National Championships, Pheonix Park Duathlon
10. Intervarsity Duathlon National Championships, Phoenix Park Duathlon
11. Aquathon National Championships, Lough Cutra Castle
12. Aquabike National Championships, Skerries Triathlon
13. Mixed Team Relay National Championships, Lough Cutra Castle
14. Junior Sprint Distance, Crooked Lake
15. Draft Legal Sprint Distance National Championships, Pulse Port Beach
16. Standard Distance National Championships, Pikeman
17. Middle Distance National Championships, The Lost Sheep
18. Caroline Kearney Award
19. Club Coach of the Year
20. Technical Official of the Year
21. Volunteer of the Year
22. Photograph of the Year
23. Lynne Algar Spirit of Triathlon
24. International Age Group Athlete of the Year
25. Junior Athlete of the Year
26. Para Triathlete of the Year
27. Athlete of the Year
28. Age Group Medalist Duathlon National Series
29. Age Group Medalist Triathlon National Series
30. Race of the Year
31. Club of the Year

Aquathlon National Championships

		GOLD	SILVER	BRONZE
Age Group Medalists - Lough Cutra Castle Aquathlon				
16-17	Male	Senan McWeeney		
	Female	Lily-Mai Burton		
18-19	Female	Aimee Carr	Chloe Kavanagh	Sarah Blackett
20-24	Male	Alex Sargent	Samuel Carr	Connor Corcoran
	Female	Naoise O'Donnell	Zoe Danko - Mcalister	
25-29	Female	Caitlin McDonald		
30-34	Male	Nick Flanagan	Joseph Ward	
	Female	Ciara Wilson	Hannah Gibney	
35-39	Male	Feidhlim Ó Dubhlaing		
	Female	Liz Heffernan		
40-44	Male	Peter O'Toole	Ron Hanley	Barry Hall
	Female	Elaine Lally	Rosemarie Quilty	
45-49	Male	Rod Hoare		
	Female	Noeleen Bourke		
50-54	Male	Ernest Asensio Blasco	Bobby Reynolds	
55-59	Male	Sam Cordner	Sean Farrell	
	Female	Eileen O'Sullivan		
60-64	Male	John Kenny	Tom Mitchell	
	Female	Anne Morrissey		
65-69	Male	Declan Murray		

Aquabike National Championships

		GOLD	SILVER	BRONZE
Age Group Medallists - Skerries Triathlon				
18-19	Female	Niamh Campbell		
25-29	Female	Anna Lawther		
30-34	Female	Aoife Mooney		
35-39	Male	Ciaran McGarrity	Michael Megaw	
	Female	Anne Cooper	Gunda Albert	
40-44	Male	Keith Clarges	Declan Noone	Mark Pierce
	Female	Nicola Kehoe	Elaine Lally	Ciara Bradley
45-49	Male	Kenneth Nolan	Declan O'Donoghue	Sean Walsh
	Female	Lynette Costello	Noeleen Bourke	
50-54	Male	Toby Bedell	John Corcoran	Dermot Hickey
	Female	Maire Diggin	Deirdre Foley	Philippa Wilson
55-59	Male	Sean Farrell	Harry Mcdermott	Derry O'Farrell
	Female	Barbara Tobin	Marie Staunton	Siobhan Ni Reamoinn
60-64	Male	Tom Mitchell	Kieran Whyte	Ciaran Parker
65-69	Male	Tom Daly		
70-74	Male	Gerard Turbitt		
75-79	Male	Francis Xavier O'Connor		

Duathlon National Championships

		GOLD	SILVER	BRONZE
Duathlon Championships – Phoenix Park Duathlon				
18-19	Male	Cole Phelan	Conor McGrane	Cian O'Connor
	Female	Aimee Carr	Chloe Kavanagh	Sarah Blackett
20-24	Male	Jamie Gregg	Christopher Horgan	Luke Dignam
	Female	Aoibh Clarke	Saoirse O'Brien	Meadhbh Moynihan
25-29	Male	Conor Kissane	Fergus Crilly	Isaac Kerr
	Female	Emma O'Brien	Laoise Bennis	Aoife Mulry
30-34	Male	Conor Hennebry	Ben Butler	Brian Stanley
	Female	Megan Roberts	Roisin Kelleher	Aine Kinsella
35-39	Male	James Graham	Stephen Donnelly	Conal Cremen
	Female	Chrissy Harford	Susan Hickey	Ashleigh Byrne
40-44	Male	Craig Harrison	Marc Flavin	Eoin Bailey
	Female	Deirdre Casey	Carmel Moran	Andrea Brennan
45-49	Male	Enda Bagnall	James Cleland	Bernard Keane
	Female	Olivia Mc Cartin	Gina Lyons	Eleanor Gallagher
50-54	Male	Ernest Asencio Blasco	William Byrne	Adriele Prinamello
	Female	Nollaigh O'Neill	Geraldine Leete	Pamela Grogan
55-59	Male	Ian Wiley	Peter McConville	Mark Featherstone
	Female	Diane Behan	Eileen O'Sullivan	Barbara Tobin
60-64	Male	Owen Barron	Mickael Macken	Gerard Kenny
	Female	Caroline Murphy	Ruth Mckee	Vera Mccool
65-69	Male	Timothy Horgan	Gary Moralee	Patricia Eadie
		Majella Diskin	Mary Byrne	
70-74	Male	Gerard Turbitt		
75-79	Male	Michael Mallon		

Sprint Distance Age Group National Championships

		GOLD	SILVER	BRONZE
Crooked Lake - Age Group Medalists				
16-17	Male	Pearse Gallagher	Darragh Reynolds	Sean Carragher
	Female	Nessa Mangan	Chloe Young	Aoibheann Ryan
18-19	Male	Mathys Bocquet	Archie Bremner	Ethan Doherty
	Female	Aimee Carr	Eve Burns	
20-24	Male	Jamie Gregg	Alex Sargent	Anthony Buckley
	Female	Ellie Kelso	Catherine Daly	
25-29	Male	Cory Fines	Sean McCullagh	Mark McGinley
	Female	Aisling Wyer	Anna Lawther	Niamh Sheehan
30-34	Male	Russel White	Matthew Kinkaid	Eddy O Byrne
	Female	Catherine Sands	Helen Perry	Kirsty Kee
35-39	Male	James Graham	Luke McMullan	Conal Cremen
	Female	Lucie Rehova	Orla McGandy	Chrissy Harford
40-44	Male	Ciaran Denvir	Sean McIntyre	Enda Marren
	Female	Kerry McGrillen	Deirdre Murphy	Sabrina McLaughin
45-49	Male	James Cleland	Steven Craig	Barry Moran
	Female	Olivia Mc Cartin	Maria Byrne	Deirdre Deegan
50-54	Male	Finbar McGrady	Ernest Asensio Blasco	Alistair Duffield
	Female	Jennifer Hamilton	Tara Johnston	Clare Duffield
55-59	Male	Clifford Rodgers	Peter Savage	Peter McConville
	Female	Cathy Cunningham	Marie Staunton	Edel Victory
60-64	Male	John Wallnutt	Michael Macken	John Connaghan
	Female	Joanne Bingham	Jane Friel	
65-69	Male	Diarmaid McCauley	Declan Murray	
70-74	Male	Gerard Turbitt		
	Female	Berenice Maher		
75-79	Male	Michael Mallon		

Standard Distance National Championships

		GOLD	SILVER	BRONZE
Overall Medalists - Pikeman Triathlon				
MEDALISTS	Male	Christopher Mintern	Matthew Kinkaid	Cory Fines
	Female	Saoirse O'Brien	Becky Woods	Catherine Sands
Age Group Medalists				
18-19	Male	Callum O'Neill	Dan Nolan	Thomas Heeney
	Female	Chloe Kavanagh	Sarah Blackett	
20-24	Male	Alex Sargent	James Carton	Sean Black
	Female	Saoirse O'Brien	Mary O'Donnell	Sophie Truesdale
25-29	Male	Cory Fines	Shane Dunne	Ciaran Kyne
	Female	Caitlin McDonald	Aoife Greene	Vicki Truesdale
30-34	Male	Christopher Mintern	Matthew Kinkaid	Eddy O'byrne
	Female	Catherine Sands	Hannah Roche	Roisin Kelleher
35-39	Male	Michael Monahan	Ciaran Larkin	Yoan Gandin
	Female	Becky Woods	Chrissy Harford	Roisin Burke
40-44	Male	Donal Sheehy	John Paul Vereker	Craig Harrison
	Female	Carmel Moran	Andrea Brennan	Fidelma Lavin
45-49	Male	James Cleland	Declan O'Donoghue	Barry Moran
	Female	Celine Mc Phillips	Gina Lyons	Eleanor Gallagher
50-54	Male	Ernest Asensio Blasco	Kilian Dooley	Toby Bedell
	Female	Gillian McMahon	Bronagh Nugent	Siobhan McCarthy
55-59	Male	Paddy Cullen	Maurice Mchale	Sean Mcquillan
	Female	Barbara Tobin	Natalie Mason	Marie Staunton
60-64	Male	Martin O'grady	John Kenny	Tom Byrne
	Female	Ann Payne		
65-69	Male	Declan Murray	Alan Geoghegan	Timothy Horgan
	Female	Patricia Eadie	Jacinta O'Keeffe	
70-74	Female	Cora Oomahony		

Middle Distance National Championships

		GOLD	SILVER	BRONZE
Overall Medalists - The Lost Sheep Triathlon				
MEDALISTS	Male	Chris Mintern	Bryan McCrystal	Loughlin Campion
	Female	Becky Woods	Deirdre Casey	Aisling Wyer
Age Group Medalists				
18-19	Male	Ryan Ates		
20-24	Male	Dean Phelan	Leo Corry	Luke Dignam
	Female	Lucy Greene		
25-29	Male	Mark McGinley	Dave Higgins	Donal Mongey
	Female	Aisling Wyer	Roisin O'Brien	Emma Nolan
30-34	Male	Chris Mintern	Loughlin Campion	Brendan Cassidy
	Female	Aine Kinsella	Roisin Kelleher	Lorna Tate
35-39	Male	Peter O'Donnell	Ronan Costelloe	Dermot McCabe
	Female	Becky Woods	Kathryn Fahy	Ellen Vitting
40-44	Male	Bryan McCrystal	Donal Sheey	Edwin Sutton
	Female	Deirdre Casey	Maura Barry	Nicola Hickey Crowe
45-49	Male	Ruaidhri Geraghty	Gerald Troy	Mark Kenny
	Female	Kim Hickey	Mary Corless	Gina Lyons
50-54	Male	Martin Divilly	Killian Dooley	Paul Joyce
	Female	Annemarie Power	Tara Johnston	Julie O'Hagan
55-59	Male	Damian Strain	Mark Featherstone	Michael Clancy
	Female	Barbara Tobin	Helen Hartigan	Maria Patterson
60-64	Male	John Wallnutt	Neil Creedon	Stephen Broderick
65-69	Male	Ed Fahy	Diarmaid Macauley	
70-74	Male	Gerard Turbitt		

Duathlon National Championships

		GOLD	SILVER	BRONZE
Junior Duathlon Championships – Phoenix Park Duathlon				
JUNIOR MEDALISTS	Male	Cole Phelan	Cillian Cloney	Callum O'Neill
	Female	Aimee Carr	Mollie Jackson	Clodagh Stapleton
Intervarsity Duathlon Championships – Phoenix Park Duathlon				
MEDALISTS	Male	Callum O'Neill	Eoin Moore	Cian Murray
	Female	Saoirse O'Brien	Mary O'Donnell	Ciara Brady
Duathlon National Championships – Phoenix Park Duathlon				
SENIOR MEDALISTS	Male	James Graham	Conor Hennebry	Stephen Donnelly
	Female	Emma O'Brien	Aoibh Clarke	Deirdre Casey



Aquathlon National Championships

		GOLD	SILVER	BRONZE
Overall Medalists - Lough Cutra Castle Aquathlon				
JUNIOR MEDALISTS	Male	Senan McWeeney		
	Female	Aimee Carr	Chloe Kavanagh	Sarah Blackett
SENIOR MEDALISTS	Male	Ernest Asensio Blasco	Alex Sargent	Feidhlim Ó Dubhlaing
	Female	Ciara Wilson	Caitlin McDonald	Aimee Carr



Aquabike National Championships

		GOLD	SILVER	BRONZE
Overall Medalists - Skerries Aquabike				
JUNIOR MEDALISTS	Female	Niamh Campbell		
SENIOR MEDALISTS	Male	Toby Bedell	Kenneth Nolan	Declan O'Donoghue
	Female	Nicola Kehoe	Anne Cooper	Anna Lawther



Mixed Team Relay National Championships

		GOLD	SILVER	BRONZE
Overall Medalists - Lough Cutra Castle Mixed Team Relay				
SENIOR MEDALISTS		Predator TC Falcons Mathys Bocquet Finlay Carry Sinead Greene Nessa Mangan	Limerick TC Ronan Costelloe Patrick Dundas Kathryn Fahy Shona Keane	Predator TC Eagles Sophie Curry Pearse Gallagher Amelie Bocquet Darragh Reynolds
Junior Medalists - Lough Cutra Castle Mixed Team Relay				
JUNIOR MEDALISTS		Predator TC Falcons Mathys Bocquet Finlay Carry Sinead Greene Nessa Mangan	Athy TC Cillian Kirk Chloe Kavanagh Darragh Lazenby Sadhbh Moore	Predator TC Eagles Sophie Curry Pearse Gallagher Amelie Bocquet Darragh Reynolds



Junior Sprint Distance National Championships

		GOLD	SILVER	BRONZE
Overall Medalists - Junior Sprint Distance Crooked Lake				
JUNIOR MEDALISTS	Male	Pearse Gallagher	Mathys Bocquet	Archie Bremner
	Female	Aimee Carr	Nessa Mangan	Chloe Young



Draft Legal Sprint Distance National Championships

		GOLD	SILVER	BRONZE
Pulse Port Beach - Draft Legal				
OVERALL MEDALISTS	Male	Jonathan Oakey	Mathys Bocquet	Pearse Gallagher
	Female	Saoirse O'Brien	Emma O'Brien	Nessa Mangan



**DUATHLON
NATIONAL
SERIES**

		GOLD	SILVER	BRONZE
Age Group Medalists				
18-19	Male	Cole Phelan	Conor McGrane	Cian O'Connor
	Female	Aimee Carr	Chloe Kavanagh	Sarah Blackett
20-24	Male	Jamie Gregg	Dean Phelan	Alex Sargent
	Female	Meadhbh Moynihan	Ciara Brady	Mary O'Donnell
25-29	Male	Fergus Crilly	Isaac Kerr	Liam Sheridan
	Female	Laoise Bennis	Aoife Mulry	Ellen Desmond
30-34	Male	Ben Butler	Gary Condell	Jamie McMahon
	Female	Megan Roberts	Roisin Kelleher	Aine Kinsella
35-39	Male	James Graham	Conal Cremen	John Jackson
	Female	Susan Hickey	Ashleigh Byrne	
40-44	Male	Eoin Bailey	Marc Flavin	Brendan Flaherty
	Female	Carmel Moran	Andrea Brennan	Ava Whelan
45-49	Male	Enda Bagnall	Alan Gibson	Barry Donnelly
	Female	Olivia McCartin	Gina Lyons	Elizabeth Shouldice
50-54	Male	Ernest Asensio Blasco	Adriele Prinamello	William Byrne
	Female	Nollaigh O'Neill	Geraldine Leete	Pamela Grogan
55-59	Male	Mark Featherstone	Paul Naughton	Sean Farrell
	Female	Diane Behan	Barbara Tobin	Marie Staunton
60-64	Male	Michael Macken	Ciaran Tobin	Wilson Mcalister
	Female	Caroline Murphy	Joanne Bingham	Ruth Mckee
65-69	Male	Timothy Horgan	Gary Moralee	
	Female	Patricia Eadie	Mary Byrne	

DUATHLON
NATIONAL
SERIES

		GOLD	SILVER	BRONZE
Overall				
SENIOR MEDALISTS	Male	James Graham	Conal Cremen	Enda Bagnall
	Female	Megan Roberts	Meadhbh Moynihan	Roisin Kelleher



		GOLD	SILVER	BRONZE
Age Group Medalists - Triathlon National Series				
18-19	Male	Cole Phelan	Callum O'Neill	Ryan Addison
	Female	Chloe Kavanagh	Sarah Blackett	Aimee Carr
20-24	Male	Conor Mullany	Jamie Gregg	Dean Phelan
	Female	Meadhbh Moynihan	Mary O'Donnell	Sophie Truesdale
25-29	Male	Cory Fines	Shane Dunne	Donal Mongey
	Female	Aisling Wyer	Anna Lawther	Faye Mansfield
30-34	Male	Loughlin Champion	Matthew Kinkaid	Andy Grehan
	Female	Helen Perry	Megan Roberts	Aine Kinsella
35-39	Male	Lochlainn Connolly	James Graham	Conal Cremen
	Female	Becky Woods	Kathryn Fahy	Orla McGandy
40-44	Male	Donncha Kiely	John Paul Vereker	Ciaran Denvir
	Female	Maura Barry	Andrea Brennan	Deirdre Murphy
45-49	Male	James Cleland	Ruaidhri Geraghty	Adrian Cunningham
	Female	Esther Bayon	Gina Lyons	Caroline Coghlin
50-54	Male	Ernest Asensio Blasco	Trevor Woods	Dermot McCabe
	Female	Annemarie Power	Jennifer Hamilton	Tara Johnston
55-59	Male	Clifford Rodgers	Paddy Cullen	Peter Mc Conville
	Female	Cathy Cunningham	Jane Walsh	Denise Compton
60-64	Male	John Wallnutt	Matteo Castagna	John Kenny
	Female	Eimear Mathews	Vera McCool	Ann Payne
65-69	Male	Diarmaid Macauley	Timothy Horgan	Declan Murray
	Female	Patricia Eadie	Catherine Flanagan	Majella Diskin
70-74	Male	Gerard Turbitt	June Heron	
	Female	Berenice Maher		
75-79	Male	Michael Mallon		

TRIATHLON
NATIONAL
SERIES

		GOLD	SILVER	BRONZE
Overall				
JUNIOR MEDALISTS	Male	Ryan Lundy	Callum O'Neill	Ryan Addison
	Female	Chloe Kavanagh	Sarah Blackett	N/A



		GOLD	SILVER	BRONZE
Overall Medalists - Triathlon National Series				
SENIOR MEDALISTS	Male	Cory Fines	Loughlin Campion	Donncha Kiely
	Female	Becky Woods	Aisling Wyr	Helen Perry



**TRIATHLON
NATIONAL
SERIES**

	GOLD	SILVER	BRONZE
Men's Club Series			
MEDALISTS	Belpark TC Connor Mullany Conal Cremen Andy Grehan Luke McMullan Eoin Nagle Eddy O'Byrne	Cork TC Donncha Kiely Trevor Woods Anthony Creed John O'Connell Paul Kennedy Brendan Cassidy	Naas TC Donal Mongey Michael Monahan Alex Sargent Mark Dowling Barry Smyth Barry Moran
Women's Club Series			
MEDALISTS	Piranha TC Becky Woods Megan Roberts Faye Mansfield Claire Diffley Fiona Nelson Ava Whelan	Belpark TC Hannah Roche Andrea Brennan Isabelle Cairns Aoife Reilly Aine Byrne Sarah Cummins	Cork TC Maura Barry Annemarie Power Roisin Burke Patrice Holmes Hilary Creedon Aoife Greene
Mixed Team Club Series			
MEDALISTS	Piranha TC Becky Woods Megan Roberts Faye Mansfield Ciaran Kyne Enda Marren Michael Lynch	Belpark TC Connor Mullany Conal Cremen Andy Grehan Hannah Roche Andrea Brennan Isabelle Cairns	Naas TC Aisling Wyrer Donal Mongey Claire McGonagle Michael Monahan Alex Sargent Tara Johnston



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