

SELECTION CRITERIA FOR MIXED TEAM RELAY

2025

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INTRODUCTION

Currently, international racing reflects an emerging trend towards shorter distance racing and the standard distance race may not have the same importance post-Paris Olympics 2024. There is a clear shift in the importance of the Mixed Team Relay in racing at the highest level. The Mixed Team Relay has gained importance and there are Olympic and World Triathlon Championships medals awarded for this discipline. Triathlon Ireland will re-focus on the development of athletes through racing domestically and internationally in MTR competitions. We are looking to develop a 'Team Ireland' approach and culminate in racing for Ireland Internationally. We believe that the Mixed Team relay can showcase triathlon in Ireland and inspire the next generation of triathletes.

The aim of Triathlon Ireland's Mixed Team Relay (MTR) Objective is to position our MTR to qualify for the Olympics in LA2028.

Ireland are currently ranked 18th in the World. To secure a place on the start line for the big races we need to target ranking in the top 14.

Within 2025 we have 2 more opportunities to race a MTR event:

- 12-13th July 2025 - World Mixed Team Relay Championships, Hamburg, Germany
- 19-20th July 2025 - European Championships, Melilla, Spain

A key component of working towards this goal is to create a team that works together and takes the opportunity to PERFORM together as a unified team.

TI aims to foster a culture that values and supports everyone, that works together for a shared outcome.

"Together We Achieve"

This document will outline:

- The criteria to be considered for Mixed Team Relay selection.
- Details on the composition and process of selection panels.
- Details of remaining MTR Delegations that require selection in 2025.

REGISTRATION PROCEDURE AND RACE ELIGIBILITY

REGISTRATION PROCEDURE

WHAT IS EXPECTED OF AN ATHLETE TO BE SELECTED FOR THE MTR?

We want to work with a committed group that wants to be part of our team and is working purposefully towards qualifying for LA2028. You must be committed to prioritising time and meetings with the team. All squad athletes are expected to accept meetings and attend or inform staff if you are unable to attend.

We are planning a one-week pre- Hamburg / Melilla camp at UL in Limerick, from June 21 to July 1.

We hope to maintain close dialogue with you and your coach to provide the best possible support for you and the team on the road to LA2028!

DECLARATION OF INTEREST

Athletes from the MTR Squad that wish to be considered must declare an expression of interest to be selected no later than May 7, 2025 via email to:

Gordon Crawford: pd@triathlonireland.com

Angela Fox: angela@triathlonireland.com

Laura Colhoun: laura@triathlonireland.com

TRIATHLON IRELAND OFFICIAL MTR DELEGATIONS 2025

- 12-13th July 2025 - World Mixed Team Relay Championships, Hamburg, Germany
- 19-20th July 2025 - European Championships, Melilla, Spain

MTR SQUAD SELECTION

The criteria for MTR selection for the 2025 events noted above will be based on race performance demonstrated at international events between **01 May and 22 June 2025**.

At any point the PD and National Head Coach, Elite/U23 can adjust the criteria if they feel this is in the interest of the wider programme direction. This can include such allowances as:

- a) Athletes returning from injury,
- b) Carded athletes preparing for major championships,
- c) Highly ranked athletes that we require to keep their points total up.
- d) Athletes coming through the pathway that has shown an ability to race at the next level
- e) Athletes that can support the racing of carded athletes.

SELECTION PROCESS AND PANEL

SELECTION PROCESS

Selection for 2025 MTR events are made by a selection panel that is made up of 3 voting members and 1 non voting member.

There must be 1 voting member that is external to Triathlon Ireland's High Performance Team and at least 1 male/female member.

The selection process follows the specific selection criteria set out to make its decision. The panel will meet after the 2025 Europe Triathlon Premium Cup Holten and Europe Triathlon Junior Cup Holten events to make their selection.

Selection letters will be issued following this meeting.

SELECTION PANEL

Performance Director: Gordon Crawford (Deciding vote, Chair)

National Head Coach: Angela Fox (Voting)

External Independent : TBC (Voting)

HP Programme Manager: Laura Colhoun (Non voting)

COMMITTEE PRINCIPLES AND PRACTICES

An independent member will be identified and agreed by the PD, the NTC and the High Performance Programme Manager. This member will be appointed in advance of each selection meeting and will be selected from those members who do not have any association or conflict of interest with the team being selected.

Detailed meeting notes will be recorded giving clear rationale for decisions on selection or non-selection and retained by the chairperson of the Selection Committee.

Any perceived or known conflict of interest or loyalty will be declared by the Selection Committee in advance and subsequent action will be taken to protect the integrity of the selection process.





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