

# TRI-TEAM IRELAND

A GUIDE TO INTERNATIONAL RACING WITH  
TRIATHLON IRELAND

# GENERAL INFORMATION

Want to take on a new challenge? Join Tri-Team Ireland and race in Europe and around the World against others in your age group.

If you would like to qualify to race for Tri-Team Ireland in World Triathlon and Europe Triathlon events, you can find the criteria and selection routes below.

## ELIGIBILITY

You must be a current member and holding a full race licence (day licence not valid) of Triathlon Ireland. Your race licence must be valid when registering your intent to compete and when racing.

Full details on the eligibility criteria can be found [HERE](#).

## SELECTION CRITERIA

If you would like to qualify to race for Tri-Team Ireland in World Triathlon and Europe Triathlon events in 2025, you can find the criteria and selection routes [HERE](#). You can enter and compete in more than one qualification event but you only need to register once for each Championship. You can qualify for multiple Championships, however, current World Triathlon Competition Rules do not allow an athlete to take part in two events within a 24 hour period at the same or separate Championships where one event is Standard Distance or longer.

**RULES GOVERNING NON-QUALIFYING EVENTS:** For long-distance events, cross and winter triathlon there are no specific qualification events that you will need to enter. Instead you can nominate yourself via your Triathlon Ireland account and upload supporting race results.

**RULES GOVERNING QUALIFYING EVENTS:** If a qualification event acts as a qualifier for more than one Championship you must register for both Championships if you intend to qualify for both. You will only be considered for selection in the events you have registered your intent for.

Please contact Roisin at '[roisin@triathlonireland.com](mailto:roisin@triathlonireland.com)' if you have any questions.

# RACE DAY

All Europe Triathlon and World Triathlon competitions are run under the World Triathlon competition rules, please make yourself aware of the relevant Age-Group rules: [World Triathlon Competition Rules](#)

You must wear the [Triathlon Ireland Age Group Team](#) tri-suit when you compete in World and European Championship events.

Triathlon Ireland will provide support in the way of Team Managers who will oversee the teams prior to the event. Occasionally a team manager may travel to the event.

# TRAVEL AND TRANSPORT

Athletes are responsible for covering the costs of their own travel and accommodation.

Triathlon Ireland may occasionally notify athletes about host hotels or recommend accommodations selected by the Local Organising Committee (LOC).

Team managers are not responsible for arranging or managing athletes' flights, transport, or accommodation.

The Local Organising Committee may also share details of travel companies or recommended hotels associated with the event. Athletes are encouraged to regularly check the organisers' website for updated information on these recommendations.

# FEES AND ENTRY

The application fee to register for an event is between €30 - €50 depending on the championship event. The registration fee is non-refundable.

- Triathlon Ireland will provide support in the way of Team Managers who will oversee the teams prior to and at times, at the Championships. All athletes will fund their own travel and accommodation.
- The race entry fee is decided by the local organising committee (LOC) and will have to be paid via Triathlon Ireland or directly to the LOC depending on the Championship event. The race entry fee will be set in local currency and may be subject to currency variation. Where Triathlon Ireland pays the race entry fees, the race entry fees may be subject to currency variation and so there may be a small percentage of the overall cost to cover currency variation.
- The race entry fee will be due to Triathlon Ireland as announced on the 'Event' page of the website. All applicants who have been allocated a place will see 'Qualified' next on their account. As soon as the payment system opens, athletes can log on and pay their race entry fee in Euro. Triathlon Ireland will also send qualified athletes an email reminder and announce the deadline of payment.
- Once the entry fee and international race fee has been paid and an athlete needs to withdraw, only the race entry fee can be refunded if Triathlon Ireland has not yet paid their race entry fee to the championship organisers. The payment will be returned to you after the race invoice has been paid and the team entered.
- Athletes will not be penalised or black marked for withdrawing. It is understandable that circumstances change. We do however ask that you inform Triathlon Ireland in writing as soon as possible to allow another athlete to have your place.
- Athletes wishing to pay race fees after the closing date will not be accepted.

# CLEAN SPORT AND ANTI-DOPING

It is an athlete's responsibility to compete clean. This ensures competition is fair and athletes are not damaging their bodies by taking banned substances.

Triathlon Ireland Anti-Doping information can be found [HERE](#). Athletes can complete the Sport Ireland Anti-Doping course [HERE](#).

## GUIDE TO THE COSTS OF THE AGE-GROUP TEAM

This can vary from €100-€450 depending on the event:

- European Sprint/Standard: €150-€200
- World Sprint/Standard: €250-€350
- Long/Middle distance: €200-500
- Aquathlon: €100-150
- Cross: €100-150

## REGISTRATION FEE

Athletes must pay a registration fee to register their intent to qualify which enables them to be considered for the Tri-Team Ireland Age-Group Team. The registration fee which athletes pay when they register to qualify for a Championship event depends on the championship.

This ranges between **€30 - €50**. This covers the administration for the Age Group Team, administration for qualifying races, office space, other administration costs and bank charges among other essential items and processes.



# INSURANCE

We recommend athletes purchase comprehensive insurance to cover them whilst travelling, racing and training abroad. This cost can vary depending on the provider. Information on Triathlon Ireland insurance can be found [HERE](#).

# MEMBERSHIP

In order to be eligible to compete, it is an athletes responsibility to ensure their Triathlon Ireland membership is up to date. Membership costs vary between €79 - €90.

# AGE GROUP KIT

All athletes must compete in the official IRL Age-Group trisuits. These range between €119 - €210 depending on the printing option and style you go for. All other items are optional and there is no requirement to purchase them. The full range can be found [HERE](#).



