

SELECTION CRITERIA FOR YOUTH INTERNATIONAL RACES

2025

TABLE OF CONTENTS

01 INTRODUCTION

02 RACE ELIGIBILITY AND REGISTRATION PROCEDURE

03 OFFICIAL DELEGATIONS AND SUPPORTED EVENTS

04 EVENT SELECTION CRITERIA



INTRODUCTION AND BACKGROUND

The aim of Triathlon Ireland's Youth and Junior Performance Pathway is to develop young triathletes for draft legal triathlon so that they are able to go on and compete at an international level as a Senior.

A key component of working towards this goal is the experience gained from competitions. Where the opportunity to grow competition experience, develop race skills and practice the ability to execute a performance on race day are provided. For this to be effective, it is important to select athletes for competitions at the appropriate level. So while they are challenged, they maintain the chance to succeed.

International racing is highly competitive and a different experience than that of domestic races in Ireland. For Youths the highest level of racing is the European Youth Championships. Other regional or domestic competitions abroad exist, such as the British Triathlon Super Series, Nordic Cups and UK School Games.

At international races a trend towards shorter distance races can be observed. With a greater importance on Mixed Team Relay (MTR) and Semi-final to Final formats becoming increasingly more frequent. Including at the European Youth Championships. As a result, Triathlon Ireland are focussed on the development of youth, junior, under 23 and senior triathletes in MTR competitions. For which there are European championship, World championship and Olympic games medals awarded.

This document will outline the eligibility criteria that has to be met to be considered for event selection, as well as the race registering requirements that have to be completed to be entered to World Triathlon International events.

Details on the composition and process of selection panels will be detailed, before a list of Official Delegations and Supported races.

An Official Delegation event is fully financed and supported by Triathlon Ireland staff, with those selected travelling as a group. Supported races are self funded though supported by Triathlon Ireland staff, with travel arrangements varying depending on the event.

Then details of each event and their respective selection panel, date and criteria are outlined.

REGISTRATION PROCEDURE AND RACE ELIGIBILITY

REGISTRATION PROCEDURE

To be eligible for selection for any of the following events, the following conditions must be met:

- Hold an Irish Passport.
- Be a Triathlon Ireland member for 2025.
- Be in the Youth age group so, as of the 31/12/25, be aged between 15-17 years old.
- To have met the selection criteria of the specific event.
- Declare desire to be considered for selection, sending an email with full name, D.O.B, event to be considered for selection and performance evidence to pathways@triathlonireland.com prior to the selection date.

To be registered for World Triathlon International Events, the following conditions must be met:

- Hold an Irish Passport.
- Be a Triathlon Ireland member for 2025.
- Have completed the required World Triathlon Pre-Participation Examination and submitted it to laura@triathlonireland.com before the required deadline.
- This is to include:
 - World Triathlon PPE Questionnaire
 - Medical screening by a doctor
 - (medical questionnaire, physical examination and 12 lead rest ECG).Mentioned documents can be found here at <https://triathlon.org/medical/ppe>
- Must have signed and agreed to the Athlete Agreement and submitted before the required deadline to laura@triathlonireland.com.
- Must be in compliance with national and international anti-doping requirements.
 - Completion of the Sport Ireland e-learning course
 - Completion of the World Triathlon anti-doping certificate
- Be in possession of a competition kit that conforms to the World Triathlon rules. Athletes will be provided Triathlon Ireland National tri-suits for European Youth Championships. Triathlon Ireland Development tri-suits can be purchased by athletes for non-championship races.
- The rules of Triathlon Ireland, World Triathlon and the ethics charter are followed.

TRIATHLON IRELAND OFFICIAL DELEGATIONS AND SUPPORTED RACES

SELECTION PROCESS

Selections for championship events are made by a selection panel that is made up of 5 members, that must include someone external to Triathlon Ireland's High Performance Team and at least 1 male/female member.

Selections for other events are made by the specific selection panel outlined, that must include at least 1 male/female member.

The selection process follows the specific selection criteria set out per competition to make its decision.

OFFICIAL DELEGATIONS

- Europe Triathlon, European Youth Championships

SUPPORTED EVENTS

- BTF Performance Assessment - 29-30th March 2025
- **BTF Super Series**
- Mallory Park, Heats and Final, MTR - 28-29th June 2025
- Eton Eliminator - 25th August 2025
- Grand Final, Semi-final and Final, MTR - 13-14th September 2025

EUROPEAN YOUTH CHAMPIONSHIPS

SELECTION PANEL

Performance Director: Gordon Crawford (Chair and casting vote)
National Pathway Coach and Programme Coordinator: Chris Price
National Head Coach: TBC
External : TBC
HP Programme Manager: Laura Colhoun

PLACE	Kitzbuhel, Austria
DISTANCE	Super sprint
DATE	12-14th September 2025
SELECTION DATE	TBC - Waiting on YNS race calendar announcement
INDIVIDUAL SELECTION CRITERIA	• The selection race winner is selected. • Consideration for second and third placed athletes at the selection race 2025 (within 5% of winning time). • Consideration for any top 10 performances at any Super Series race. • Consideration for any top 12 performances at the BTF Performance Assessment. <u>Performance requirement for consideration of selection</u> 400m swim: Youth Male - 4:45 or quicker Youth Female - 5:00 or quicker Time must be from a pool swim competition or Talent ID Day, after September 2024. These times are to help select athletes that will be able to make a main pack out of the water. To set the platform for them to perform to the finish line in draft legal competition.

Final selections for Mixed Team Relay championships are made on site after the individual race led by the National Pathways Coach and Programme Coordinator.

Last updated - 29/01/25

BTF PERFORMANCE ASSESSMENT

SELECTION PANEL

Performance Director: Gordon Crawford (Chair and casting vote)
National Pathway Coach and Programme Coordinator: Chris Price
HP Programme Manager: Laura Colhoun

PLACE	Nottingham, United Kingdom
DISTANCE	Super sprint
DATE	29-30th March 2025
SELECTION DATE	26th February 2025
INDIVIDUAL SELECTION CRITERIA	Youth Males: 200m swim time - 2:18 or quicker AND 1500m run time - 4:45 or quicker Youth Females: 200m swim time - 2:18 or quicker AND 1500m run time - 4:45 or quicker The times above are a guide, based on the standard to compete at this event, for invitation to enter to be sent. Invitation to enter the BTF Performance Assessment also requires each athlete to be signed off as safe and competent racing with a group on the bike. This will be done by the National Pathways Coach and Programme Coordinator as well as the Performance Director. Based on demonstration at Performance Pathway Squad's Training Days or previous races.

Final selections for Mixed Team Relay are made on site after the individual race led by the National Pathways Coach and Programme Coordinator.

Last updated - 31/01/25



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