

SELECTION CRITERIA FOR JUNIOR INTERNATIONAL RACES

2025

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INTRODUCTION AND BACKGROUND

The aim of Triathlon Ireland's Youth and Junior Performance Pathway is to develop young triathletes for draft legal triathlon so that they are able to go on and compete at an international level as a Senior.

A key component of working towards this goal is the experience gained from competitions. Where the opportunity to grow competition experience, develop race skills and practice the ability to execute a performance on race day are provided. For this to be effective, it is important to select athletes for competitions at the appropriate level. So while they are challenged, they maintain the chance to succeed.

International racing is highly competitive and a different experience than that of domestic races in Ireland. For Juniors the highest level of racing are international championships, such as the World Junior Championships and European Championships. Other international, regional or domestic competitions abroad exist, such as European Triathlon Junior Cups, the British Triathlon Super Series and Nordic Cups.

At international races a trend towards shorter distance races can be observed. With a greater importance on Mixed Team Relay (MTR) and Semi-final to Final formats becoming increasingly more frequent. Including at the European Youth Championships. As a result, Triathlon Ireland are focused on the development of youth, junior, under 23 and senior triathletes in MTR competitions. For which there are European championship, World championship and Olympic games medals awarded.

This document will outline the eligibility criteria that has to be met to be considered for event selection, as well as the race registering requirements that have to be completed to be entered to World Triathlon International events.

Details on the composition and process of selection panels will be detailed, before a list of Official Delegations and Supported races.

An Official Delegation event is fully financed and supported by Triathlon Ireland staff, with those selected travelling as a group. Supported races are self funded though maybe supported by Triathlon Ireland staff, with travel arrangements varying depending on the event.

Then details of each event and their respective selection panel, date and criteria are outlined.

REGISTRATION PROCEDURE AND RACE ELIGIBILITY

REGISTRATION PROCEDURE

To be eligible for selection for any of the following events, the following conditions must be met:

- Hold an Irish Passport.
- Be a Triathlon Ireland member for 2025.
- Be in the Junior age group so, as of the 31/12/25, be aged between 17-19 years old.
- To have met the selection criteria of the specific event.
- Declare desire to be considered for selection, sending an email with full name, D.O.B, event to be considered for selection and performance evidence to pathways@triathlonireland.com prior to the selection date.

To be registered for World Triathlon International Events, the following conditions must be met:

- Hold an Irish Passport.
- Be a Triathlon Ireland member for 2025.
- Have completed the required World Triathlon Pre-Participation Examination and submitted it to laura@triathlonireland.com before the required deadline.
- This is to include:
 - World Triathlon PPE Questionnaire
 - Medical screening by a doctor
 - (medical questionnaire, physical examination and 12 lead rest ECG).

Mentioned documents can be found here at <https://triathlon.org/medical/ppe>

- Must have signed and agreed to the Athlete Agreement and submitted before the required deadline to laura@triathlonireland.com.
- Must be in compliance with national and international anti-doping requirements.
 - Completion of the Sport Ireland e-learning course
 - Completion of the World Triathlon anti-doping certificate
- Be in possession of a competition kit that conforms to the World Triathlon rules. Athletes will be provided Triathlon Ireland National tri-suits for European/World Junior Championships. Triathlon Ireland Development tri-suits can be purchased by athletes for non-championship races.
- The rules of Triathlon Ireland, World Triathlon and the ethics charter are followed.

TRIATHLON IRELAND OFFICIAL DELEGATIONS AND SUPPORTED RACES

SELECTION PROCESS

Selections for championship events are made by a selection panel that is made up of 5 members, that must include someone external to Triathlon Ireland's High Performance Team and at least 1 male/female member.

Selections for other events are made by the specific selection panel outlined, that must include at least 1 male/female member.

The selection process follows the specific selection criteria set out to make its decision.

OFFICIAL DELEGATIONS

- Europe Triathlon, European Junior Championships
- World Triathlon, World Junior Championships

SUPPORTED EVENTS

- BTF Performance Assessment - 29-30th March 2025

BTF Super Series

- Mallory Park, Heats and Final, MTR - 28-29th June 2025
- Eton Eliminator - 25th August 2025
- Grand Final, Semi-final and Final, MTR - 13-14th September 2025

European Junior Cups

- Caorle (Italy), Super Sprint SF/F, MTR - May 9-11th
- Tabor (Czech), July 27th (Sprint)
- Salini (Malta), September 27-28th (Super-sprint SF/F, MTR)

WORLD JUNIOR CHAMPIONSHIPS

SELECTION PANEL

Performance Director: Gordon Crawford (Chair and casting vote)
National Pathway Coach and Programme Coordinator: Chris Price
National Head Coach: TBC
External : TBC
HP Programme Manager: Laura Colhoun

PLACE	Wollongong, Australia (TBC)
DISTANCE	Sprint
DATE	15-19th October 2025
SELECTION DATE	TBC
INDIVIDUAL SELECTION CRITERIA	Selection for the World Junior Championships will be gained by placing in the Top 34 at the European Junior Championships, Melilla (Spain). These 34 places have been allocated to European Athletes for the World Junior Championships. Athletes selected will be those that are able to be competitive at the World Junior Championships. The MTR will be selected by the selection panel based on the performances of both U23 and Junior athletes at the European Junior Championships and European Junior Cups in 2025.

Final selections for Mixed Team Relay championships are made on site after the individual race led by the HP National Head Coach; National Pathways Coach and Programme Coordinator.

Last updated - 29/01/25

EUROPEAN JUNIOR TRIATHLON CHAMPIONSHIPS

SELECTION PANEL

Performance Director: Gordon Crawford (Chair and casting vote)
National Pathway Coach and Programme Coordinator: Chris Price
National Head Coach: TBC
External : TBC
HP Programme Manager: Laura Colhoun

PLACE	Melilla, Spain
DISTANCE	Sprint
DATE	19-20th July 2025
SELECTION DATE	TBC
INDIVIDUAL SELECTION CRITERIA	• The selection race winner is selected. • Consideration for second and third placed athletes at selection race 2025 (within 5% of winning time). • Consideration for top 10 performances at Super Series race in Junior/Senior category. • Consideration for a top 12 performance in the Junior/Senior female category and a top 12 performance Junior male category at the BTF Performance Assessment races. <u>Performance requirement for consideration of selection</u> 400m swim: Junior Male - 4:40 or quicker Junior Female - 4:55 or quicker Time must be from a pool swim competition or Talent ID Day, after September 2024. These times are to help select athletes that will be able to make a main pack out of the water. To set the platform for them to perform to the finish line in draft legal competition.

Final selections for Mixed Team Relay championships are made on site after the individual race led by the National Pathways Coach and Programme Coordinator.

Last updated - 29/01/25

EUROPE TRIATHLON JUNIOR CUPS

SELECTION PANEL

Selection panel:

Performance Director: Gordon Crawford (Chair and casting vote)

National Pathway Coach and Programme Coordinator: Chris Price

HP Programme Manager: Laura Colhoun

PLACE

DISTANCE

DATE

SELECTION DATE

INDIVIDUAL SELECTION CRITERIA

- Melilla, Spain - March 16th (Sprint)
 - Quarteira, Portugal - March 30th (Sprint)
 - Caorle, Italy - May 9-11th (Super-sprint SF/F, MTR)
 - Olsztyn, Poland - May 24th (Sprint)
 - Wels, Austria - June 15th (Sprint)
 - Holten, Netherlands - June 21st (Sprint)
 - Tiszaújváros, Hungary - July 5-6th (Super-sprint SF/F)
 - Chisinau, Moldova - July 19-20th (Super-sprint, MTR)
 - Tabor, Czech Republic - July 27th (Sprint)
 - Izvorani, Romania - August 9-10th (Super-sprint, MTR)
 - Zagreb, Croatia - August 30-31st (Sprint, MTR)
 - Bled, Slovenia - September 6th (Super-sprint)
 - Salini, Malta - September 27-28th (Super-sprint SF/F, MTR)
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- 1x European Triathlon Junior Cup entry for anyone on the National Junior Squad
 - Further entries will be given to those that demonstrate ability to finish in the top 50% of their race field or within 5% of the winning time.
 - Consideration will be made on exceptional circumstances by the Performance Director and National Pathway Coach and Programme Coordinator.

Final selections for Mixed Team Relay are made on site after the individual race led by the National Pathways Coach and Programme Coordinator.

Last updated - 29/01/25

BTF PERFORMANCE ASSESSMENT

SELECTION PANEL

Performance Director: Gordon Crawford (Chair and casting vote)
National Pathway Coach and Programme Coordinator: Chris Price
HP Programme Manager: Laura Colhoun

PLACE

Nottingham, United Kingdom

DISTANCE

Sprint

DATE

29-30th March 2025

SELECTION DATE

26th February 2025

INDIVIDUAL SELECTION CRITERIA

Junior Males:
400m swim time - 4:50 or quicker
AND
3000m run time - 10:45 or quicker

Junior Females:
400m swim time - 5:05 or quicker
AND
3000m run time - 12:00 or quicker

The times above are a guide, based on the standard to compete at this event, for invitation to enter to be sent.

Invitation to enter the BTF Performance Assessment also requires each athlete to be signed off as safe and competent racing with a group on the bike. This will be done by the National Pathways Coach and Programme Coordinator as well as the Performance Director. Based on demonstration at Performance Pathway Squad's Training Days or previous races.

Last updated - 31/01/25



IRELAND