



NATIONAL SQUAD CRITERIA

ELITE & U23
2025

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'A' SQUAD

(SPORT IRELAND CARDED ATHLETES AT PODIUM OR WORLD CLASS LEVEL)

- 'Established athletes that have competed at and performed at Major international races and Championships.'
- 'Successfully nominated by TI Performance staff to Sport Ireland for Carding at Podium or World Class level.'
- 1-2 years and this will be indicated by the Sport Ireland offer of carding, including any conditions (Carding 2025/26 - 1 year; 2027/28 - 2 years).

SQUAD BENEFITS

- Priority for entry to international races and for selection for Team Ireland's MTR – pending a demonstration of fitness.
- National Squad Kit – full allocation.
- Race in National Tri Suit.
- Priority for National Camps.
- Sport Ireland Institute and SNISI support.
- Consultation with TI Performance Leadership team on policy formation/review and training camps.
- Race and travel support from TI in terms of flight and accommodation booking.
- Support with funding applications.

'B' SQUAD

PERFORMANCE DEVELOPMENT (INTERNATIONAL CARDED AND NON-CARDED)

- International Level Carded athletes.
- National Squad athletes that have demonstrated progress at international races either progressing from the 'C' Squad or are no longer a 'Carded' athlete in the 'A' squad.
- 'B' Squad athletes will progress their World Ranking points through racing European Triathlon Cup's (ETC), World Triathlon Cup's (WTC) and if at the level, World Triathlon Championship Series.

'B' SQUAD CRITERIA

(in the previous season)

- Top 20 World Cup (within 5% of the winner); OR
- 2 x Top 8 Or 10 Euro Cup (within 5% of the winner); OR
- Take out OR
- MTR delivery (discretionary)

NOTES

Once selected for the 'B' Squad if unsuccessful in delivering performances to remain in the 'B' Squad an athlete cannot return to the 'C' Development Squad. The athlete would leave the National Squad. On leaving the National Squad an athlete would get 6 months where they would:

- Access racing opportunities at Continental Cup level for 6 months.
- Access the opportunity to attend National Camps or training weekends.

SQUAD BENEFITS

- Priority for selection for Team Ireland's MTR – pending a demonstration of fitness.
- National Squad Kit – Performance Development Allocation
- Race in National Tri Suit
- Priority for National Camps
- Consultation with TI Performance Leadership team on training camps.
- Race and travel support from TI for booking flights and accommodation.
- Support for funding applications on request.

'C' SQUAD

(NON-CARDED)

- Athletes stepping up to International racing and gaining a strong points profile.
- Successfully racing at domestic level; National Championships or new to the sport but having a strong background in swimming and running or both.'
- Athletes that are progressing through the Triathlon Performance Pathway from the National Junior Squad.
- MTR members

'C' SQUAD CRITERIA

(in the previous season)

- Top 6 Asia / Africa / Oceania / Americas (within 5% of the winner, after 3 years of racing as a senior athlete will require top 3); OR
- Top 20 Euro Cup (within 5% of the winner); OR
- Top 30 at World Cup; OR
- Top 10 at Junior European Triathlon Cup; OR
- MTR potential; OR
- Other International racing such as, French Grand Prix, Bundesliga, Super League, British Super Series, World University Games, which will demonstrate results deemed significant by the PD and National Performance Coach, will be considered.

NOTES

- Athlete transfers from other sports will be given a maximum of 2 years in the Development Squad.
- 3 years for U/23 (must be progressing over swim, bike, run and in domestic and International racing).
- Any long-standing injured athlete with medical support confirming the nature of the injury, 3-6 months or longer, would with the agreement of the Performance Director and National Programme Coach remain on the squad at their current level of support.

SQUAD BENEFITS

- National Squad Kit – Development Kit allocation
- Race in National Tri Suit
- Invitation to National Camps
- Race and travel support from TI
- TI Annual planner and race planning support
- Technical support for skill development



IRELAND

TOKYO 2020