



ULSTER HUB COACH

Role Description | 2024

Post Title: Ulster Hub Female Coach

Reports To: Head of Development

Remittance: This is a paid contract position, coaches will be paid a set amount per session depending on their role.

Based: Ulster will be the primary base, with additional regional travel required occasionally.

IN A NUTSHELL

Triathlon Ireland is looking for a qualified, experienced female coach to be part of our Boost Youth Development Coaching Team for our Boost Ulster hub.

Triathlon Ireland wants to create high quality, consistent opportunities for more young people to take part in triathlon training in a safe and fun environment, as part of its Youth Development Plan. We also want to create a clear and supportive pathway for development athletes to progress. In order to facilitate this, the Triathlon Ireland Boost Youth Regional Training Hubs have been established. The hubs are a key step on the development pathway as well as providing young athletes all over Ireland with regular training sessions facilitated by highly experienced and passionate Triathlon Ireland coaches. The hubs are overseen by the Triathlon Ireland Development team and aimed at all levels from participation to development athletes.

There are four regional hubs based around Ireland. Each hub has a female and male coach at all sessions. The aim of the hubs is to provide an environment to engage with and support the development of athletes from the age of 10-17. The primary focus is to retain the athletes in the sport of triathlon through the difficult years of adolescence, where the dropout from sport is at its highest. We aim to develop young athletes so they can fulfil their sporting potential but also teach and instil life skills, sportsmanship, independence and social skills while building friendships.

ROLE INFORMATION

Ulster: Female Coach

RECRUITMENT

Coaches are asked to submit a C.V. and cover letter highlighting their qualifications, experience and suitability for the role and will be required to interview.

YOU COULD BE THE ONE IF YOU HAVE

- Access NI through Triathlon Ireland.
- Completed a minimum of a Safeguarding 1/Safeguarding children and young people in sport course.
- Signed code of conduct.
- Completed the WADA Coach certification.
- Hold a Level 2 Triathlon Ireland qualification, or be working towards their Level 2 (other qualifications will be considered).

DUTIES & RESPONSIBILITIES

- To develop a high quality coaching programme in Ulster to maximise the opportunities to develop the participation and performance of athletes who attend this regional training hub.
- The planning, organisation and execution of high quality and varied, fun training sessions.
- To ensure a high level of safeguarding protocols are in place at each session and a child centred environment is a priority.
- To implement appropriate health and safety policies and procedures at each session.
- To collaborate with club coaches that work with the athletes on a daily/weekly basis.
- To provide appropriate mentoring support and guidance to other coaches and volunteers involved in the regional hubs.
- To take responsibility for your own personal development as a coach.
- To work in partnership with local clubs to develop the hub.
- To liaise with the Triathlon Ireland development team.
- To liaise with parents/guardians of the juniors attending the hubs.
- To attend any relevant CPD provided by Triathlon Ireland.

There will also be further opportunities to work as community coaches as this role develops. This may include delivering schools programmes, summer camps and New to Tri programmes within your area and local community.

SUPPORT

The hub will be overseen and managed by the Triathlon Ireland Youth Development Lead and Development Team who will be on hand to support coaches with the following:

- Set up and logistics for the sessions.
- Safe recruitment of additional coaches.
- Provide/ facilitate additional CPD as identified.
- Communication with parents/guardians of junior hub attendees.
- Regular communication and group calls to support all coaches and ensure a consistent approach.
- Interaction with the youth commission, youth development pathway and High Performance Unit.
- Shadowing opportunities within the High performance team as and when they arise.

HOW TO APPLY

CV & Cover Letter, should be emailed to Amina Martin by 9am on the 19th of February.
Email: amina@triathlonireland.com

If you have any questions about this role or our Boost Training Hubs please do not hesitate to contact Amina Martin . We would be more than willing to talk through any queries you have.

Amina Martin: amina@triathlonireland.com

Triathlon Ireland has experienced considerable growth over the past decade and made great strides in developing the professionalism of the organisation.

Since 2005 our membership has grown from 800 to more than 18,000. Triathlon Ireland is a great place to work and we pride ourselves on the culture of our team which numbers almost 25 across Operations, Development, Marketing , Finance and High Performance.

We have almost 100 affiliated clubs on the Island of Ireland, a 37% female participation rate and we sanction 200 events annually.

Triathlon Ireland has achieved a great deal from a marketing perspective – the successful candidate will consolidate the work done to date and build upon it over the coming years.

The TI offices are located on the Sport Ireland Campus and we have a flexible work culture with staff spending at least one day in the office per week.