



DEROGATION BOOKLET
December 2023

Derogation from 2023 World Triathlon Competition **Rules**

VERSION HISTORY

<u>Prepared By</u>	<u>Version Number</u>	<u>Date</u>
Karl Vekins	1.0	01/01/2016
Triathlon Ireland	2.0	24/03/2017
Triathlon Ireland	3.0	12/02/2018
Triathlon Ireland	4.0	04/01/2019
Triathlon Ireland	5.0	09/12/2020
Triathlon Ireland	6.0	14/02/2023

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General Rules



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1) General Rules

- a.) The Technical Official or Race Director must record and display the water temperature one hour before an open water event.
- b.) Water quality testing is mandatory for all outdoor water events, please refer to the World Triathlon [water quality statement](#) for guidance.
- c.) Race organisers are required to supply a minimum of two race numbers to all competitors. One number is to be secured to the competitor's front for manual timing backup and the second number secured to the competitor's bike for both security and identification on the bike course.
- d.) A draft legal event on closed roads may be sanctioned if each start is capped at 60/100 per wave and each wave must contain mixed abilities and strengths.
- e.) Helmets must comply:
 - (i) ANSI Z90.4
 - (ii) SNELL B90
 - (iii) EN1078
- f.) If an athlete presents a Triathlon Ireland virtual membership card without a photograph at an event then they must have a passport or driver's license as photo identification
- g.) Technical Officials must refer to the Serious Incident Protocol if they are withdrawing Triathlon Ireland cover or altering/cancelling an event.
- h.) All relay team members must be present and sign in at registration and have proof of age if required by the Head of Registration or the Technical Official.
- i.) The [Triathlon Ireland Protest and Appeals Policy](#) must be referred to and implemented at all Triathlon Ireland sanctioned events.
- j.) The Elite National Championships will follow World Triathlon elite rule guidelines.
- k.) All Triathlon Ireland open water events must adhere to a strict wetsuit mandatory policy, with the exception of two events where the wetsuit policy is subject to World Triathlon rule guidelines.
The two events which are subject only to World Triathlon rules regarding wetsuits are the following:
 - 1. Hook or by Crook
 - 2. Westport
- l.) High Performance Paratriathletes competing in BMW National Series events are not eligible to score points or place in Age Group National Championships



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m.) The lowest water temperature has been reduced to 11°C for open water swims in Ireland only.

Original swim distance	Temperature of water				
	Below 11°C	11°C – 11.9°C	12°C – 12.9°C	13°C – 13.9°C	14°C – 14.9°C
750 m	Cancel	750 m	750 m	750 m	750 m
1000 m	Cancel	750 m	1000 m	1000 m	750 m
1500 m	Cancel	750 m	1500 m	1500 m	1500 m
1900 m	Cancel	750 m	1500 m	1900 m	1900 m
2000 m	Cancel	750 m	1500 m	2000 m	2000 m
2500 m	Cancel	750 m	1500 m	2500 m	2500 m
3000 m	Cancel	750 m	1500 m	3000 m	3000 m
3800 m	Cancel	750 m	1500 m	3000 m	3800 m
4000 m	Cancel	750 m	1500 m	3000 m	4000 m

n.) All races will need to comply with the following four steps to ensure child protection protocols are observed at the event.

1. Appoint a Designated Person(DP) who has completed Garda Vetting/Access NI*, completed Safeguard 1(ROI)/ Safeguarding Children and Young People in Sport (NI) and signed a code of conduct. This person is responsible for Safeguarding at the event and for creating awareness of safeguarding protocol.
2. DP must create a Safeguarding risk assessment and send it to niamh@triathlonireland.com at least two weeks prior to the event. Niamh will consult with the DP regarding the best approach to mitigating risks and create an official race document.
3. DP should issue an email to parents/guardians of those racing aged 15/16/17 and all Youth Events. See template in event management plan.
4. DP should carry junior sign in documents (either from sign in sheets or race pack collection). These show that a parent/guardian is accompanying the junior and should have their contact number in case of emergency.

o.) All Race Organisers and Athletes must adhere to the Covid-19 Event Guidelines and Athlete Responsibility Guidelines

*If this is a once off then an Access NI check is not mandatory.



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