



# Volunteers Code of Conduct

## Triathlon Ireland Volunteers Should

- Be positive and approachable, praise and encourage effort as well as results.
- Put the welfare of the young person first
- Encourage fun and fair play and treat participants equally
- Hold an appropriate qualification or take a role under supervision or not in direct contact with young people.
- Keep a record of any incidents or accidents
- Report any poor practice or abuse concerns to the designated person
- Have access to a phone in case of emergency with numbers for the Designated Person and Race Director.
- Maintain confidentiality regarding sensitive information
- Sign in at the event.

## Triathlon Ireland Volunteer Rights

- Access to training and information about the event
- Clear role description for the event.
- Clear reporting structures in case of emergency
- Protection from abuse by participants/parents/officials/other volunteers.
- Not to be left vulnerable while working with children
- Support from race director and Triathlon Ireland.

## Triathlon Ireland Volunteers Should Not

- Use any form of physical force on a child
- Smoke or consume alcohol during an event.
- Use bad language or inappropriate gestures
- Exert influence over a participant in order to obtain personal benefit
- Engage in rough physical games, sexually provocative games or allow or engage in inappropriate touching of any kind, make sexually suggestive comments to or about a child including innuendo, flirting or inappropriate gestures and terms.
- Allow rough or dangerous play, bullying, bad language or inappropriate behaviour.
- Condone rule violations or the use of prohibited substances.
- Take a child alone in their car except in case of emergency
- Be alone with a child in an enclosed area.

Triathlon Ireland is committed to the welfare and protection of young people.

If there is any reason you feel like you are not a suitable volunteer for a junior event, please speak to the Designated Person of the event.

Event:

Designated Person:

Designated Person's Contact Number:

Triathlon Ireland Contact: [safeguarding@triathlonireland.com](mailto:safeguarding@triathlonireland.com)