

## **SUPER LEAGUE QUALIFICATION RACE DETAILS - 14<sup>TH</sup> JULY 2019**

**Name:** Super League Qualification Race (Jersey)

**Details:** Triathlon Ireland will hold a Super League style race on the 14<sup>th</sup> July at the University of Limerick sports Campus. The purpose of this race is to give Junior and Youth athletes to compete in the Enduro format style of racing that is used in the Super League racing around the world. Also, this race will act as a qualifier race for athletes wishing to represent Ireland at the Super League race in Jersey on the 28<sup>th</sup> September 2019.

**Location:** University Limerick Sports Campus.

**Time:** 10am

**Race Format:** Enduro Style racing. The following distances will be completed twice with a short break in between. The second race may be handicapped based on either an athletes swim time from the first race or a combination of two of the race disciplines.

Swim -250/300m (Open water or pool if weather not suitable)

Bike -6/8km (Closed road campus route)

Run -1k/1500m. (River Bank mixed terrain trail)

Distances may vary between youth and junior races. In the event of a change to the race format, Triathlon Ireland will offer an alternative race format. This could a duathlon, aquathlon or combined swim, bike and run times.

Triathlon Ireland will have 8 places available for the race in Jersey. The first 2 male and female from both age groups (youth and junior) will be considered for the race in Jersey.

Additional male and female athletes may also be selected at the discretion of the panel, such athlete may not have been eligible to compete at sprint distance. Information to be considered includes in no particular order and not limited to the following

- Performances at International events
- Recent performances which indicate potential to achieve TI's KPI's.
- Results from events such as National Duathlon Championships, National Aquathlon Championships and other relevant events.

### **1: Selection Criteria:**

**The Selection Panel will consider an athlete (including reserves) for selection if the athlete has satisfied the following conditions of selection criteria below:**

1.1: Finish in the required place noted above in the Super League Qualification race in Limerick on the 14<sup>th</sup> July and be a Triathlon Ireland member.

1.2: TI Confirmation PPE Form 2017 (see below)

- Each athlete (or parent/guardian) should have their PPE form fully completed by their Sport physician or medical doctor, prior to TI entering the athlete into an international event; (Juniors 2017 and All other Elite athletes in advance of 1/1/18)

- This form should be uploaded to athlete's current TI membership online; (pdf / image format)
- Upon confirmation of receipt of completed form, TI will enter the athletes for international events (HP or Para coach/ selection panel approved).

1.3: In order to ensure athletes are competitive in the event they would, except at the sole discretion of selection panel, be expected to meet or exceed the following targets in swim and run as indicated below. To be achieved in certified swim gala or athletics event or approved by current registered TI coach.

	Male		Female	
	Swim 400m	Run 3Km	Swim 400m	Run 3Km
<b>Youth</b>	5:10	10:00	5.25	11.45

	Male		Female	
	Swim 400m	Run 3Km	Swim 400m	Run 3Km
<b>Junior</b>	4:54	9:30	5.12	11.15

## 2: Extenuating Circumstances:

In any decision regarding the selection of athletes to the Team, the Selection Panel may, in their sole discretion, take into account any extenuating circumstances which may include, but are not limited to, the following :

- Injury or illness;
- Travel delays;
- Equipment failure;
- Bereavement or personal misfortune; and/or;
- Any other factors reasonably considered by the Selection Panel to constitute extenuating circumstances.

Athletes unable to compete at events, trials, or other attendances required under this Selection Criteria, must advise the TI Performance Director of the extenuating circumstances and reasons, in writing or email, with as much advance notice as possible and ideally seven (7) days prior to the commencement of the event, trial or other attendance. If the extenuating circumstance occurs during the race, the Chair of the Selection Panel (TI Performance Director) should be notified in writing within 4 hours of the completion of the race. If the TI Performance Director is not notified of any extenuating circumstances in accordance with this Selection Criteria, then the Selection Panel have no obligation to rely on such circumstances.

In the case of injury or illness, athletes may be required by the Selection Panel to provide a medical certificate and/or to undergo an examination by a health practitioner/s nominated by the Selectors, and to provide that opinion and/or report to the Selectors. Any failure to agree to such a request may result in the Selection Panel being unable to consider the injury or illness as an extenuating circumstance.

In the case of any extenuating circumstance/s, the Selection Panel will make a decision on a case-by-case basis.

### **3. Selection Procedure**

After consideration of this Selection Criteria, within reasonable time of the Selection Date, the Selection Panel will follow the procedure below:

The decision of the Selection Panel is deemed as final.

- a. Confidentially inform all athletes who might reasonably have had a selection claim of their intended selection or non selection;
- b. Be solely responsible for publicly announcing the team, allowing sufficient time to hear any questions or appeals;
- c. Discuss with selected athletes, agree and communicate their necessary preparation plan for the Event;
- d. Nominate selected athletes through the appropriate Event entry process in good time.