

Triathlon Ireland

Zwift League

Signing Up Process

In order to take part in the Triathlon Ireland Zwift League, each rider must register with Zwift Power.

Zwift Power is a third party website that collects and collates data from Zwift and enables a league table to be formed from event results.

Because Zwift and Zwift Power are separate entities, the sign up process requires some manual input and take approximately 10minutes.

We hope to give you a very clear guideline on the process below but if you are still unsure about anything, please feel free to contact our team at reception@triathlonireland.com.

Zwift

You will need a Zwift account to take part in this series.

If you have an account, please login [here](#).

If you do not have an account, sign up [here](#).

Zwift Power

You will also need a Zwift Power account - this is a 3RD party service used to record your result.

If you already have a Zwift Power account, please log in [here](#) and hit the person icon in the top right corner.

If you do not have an account, please register [here](#).

connecting zwift and zwift power

You will need to be logged into both your Zwift and Zwift Power accounts to complete this process.

To connect both services, you will need to use the following three websites.

Zwift:

zwift.com/eu

Zwift Power:

zwiftpower.com

Zwift ID number:

[virtualonlinecycling.com/p/
zwiftid.html](https://virtualonlinecycling.com/p/zwiftid.html)

If you prefer to watch how to complete the connection process, check out this video:

[Zwift sign up Video.mp4](#)

Opt-in to Zwift Power through your Zwift account

This will be done through the 'Connections' area on your Zwift account or follow this [link](#).

Connect Zwift Power to Zwift:

- Find your Zwift ID [here](#) by entering your login information & Copy the number.
- Enter the Zwift ID number in the [connect page](#) on Zwift Power.
- You will be given a 4 digit code which you will add to your account details on Zwift in the next step.
- Add the code after your surname in edit profile, or select [here](#).
- Connect your account on Zwift Power by going onto the Zwift Power connect page or select [here](#).

Join the Triathlon Ireland Zwift League

- Register for the League [here](#).
- Join the Triathlon Ireland TEAM by searching (Tri Ireland) here & Select Join.

You will now have connected your zwift account to zwift power which will display the race results & joined the Triathlon Ireland team!

how to enter a race

Events on Zwift Power are available for entry a maximum of 7 days in advance. Because of this, each round of the Triathlon Ireland Zwift League will be announced six days ahead of its start date.

Links to each event will be posted on the Zwift League page of our website.

Entering A Race On ZwiftPower or Zwift Desktop

Simply click on the entry button on the race's individual page and you will reserve a starting place. Some TT events have a restricted number of places so early entry is recommended.

Entering Using the Zwift Companion App

Entering using the Zwift Companion app is recommended over the desktop version.

To find the appropriate event, click on the Events icon, then filter so only Time Trial events are visible.

Next, find the event you wish to enter and click the + icon.

By using the Zwift Companion app you will be assigned a precise start time - if you enter on the desktop version of Zwift you will not know this precise time and will only find out when you are setting off once you head in to the event on race day (all riders are set off individually at 10sec gaps so it can take up to half an hour to get everyone underway - the earlier you secure your entry, the earlier you set off).

Confirmation of Your Entry

There are two ways of confirming your entry to a race:

1. By checking the Zwift Companion App in the Events tab.
2. By checking the SignUps section of the race on ZwiftPower. (head to Events > then click on the race name . sllck SignUps.

Note: ZwiftPower will generally not display the start list until the day of the race so if you require earlier confirmation use the Zwift Companion App.

important information

Riders with Multiple Teams

Zwift Power allows users to ride for a maximum of two teams.

However in order to show up in the results for the Triathlon Ireland league, you must set Triathlon Ireland as your 'primary team' before each event in the league. This can easily be changed to another team in the intervening periods.

Disqualification Codes

Just like in the real world, cheating happens on Zwift. One of the functions of Zwift Power is to record data that can identify technology bugs or suspicious performances.

The Triathlon Ireland Zwift League is intended to engender fun competition between athletes, however we reserve the right to exclude a rider from a particular race under the following criteria:

WKG: Exceeded category power limits.

UPG: Please upgrade; rider has proven ability to race in higher category.

ZP: Zpower sources of power data prohibited in this category/ finishing position.

HR: Heart rate monitor required in this category/ finishing position.

ZRVG: ZADA disqualification.

5W: 5-minute power exceeded 6 w/kg without ZADA approval.

REGN: Unregistered rider, would have originally finished in Nth place if not disqualified.

15S: Exceeded 15-second w/kg limit.

DO: Disqualified for other reason.

Excluded riders will be allowed to compete in subsequent races without prejudice and previous results will continue to stand.