

### TRIATHLON IRELAND

# Female Performance Squad 2019 - Application Form

This application form is intended for those wishing to be considered for the women's triathlon performance squad.

Applicants that meet the criteria will be invited to the first training day, which will be held at the National Sports Campus in Abbotstown, Dublin on Sunday 24th March.

Please make your submission by email with attached application form and proof of criteria to michael@triathlonireland.com.

Registrations should be received by **TUESDAY 8<sup>TH</sup> MARCH 2019** 

#### ONCE REGISTERED FURTHER INFORMATION WILL BE PROVIDED TO ALL INTERESTED ATHLETES.

Last Name  Sports you currently play  Sports Club (if any)  Date of Birth  Birthplace  Phone Numbers (Mobile, Home)  Address  E-Mail  Occupation	First Name	
Sports Club (if any)  Date of Birth  Birthplace  Phone Numbers (Mobile, Home)  Address  E-Mail	Last Name	
Date of Birth  Birthplace  Phone Numbers (Mobile, Home)  Address  E-Mail	Sports you currently play	
Birthplace Phone Numbers (Mobile, Home)  Address  E-Mail	Sports Club (if any)	
Phone Numbers (Mobile, Home)  Address  E-Mail	Date of Birth	
Address  E-Mail	Birthplace	
E-Mail	Phone Numbers (Mobile, Home)	
	Address	
Occupation	E-Mail	
	Occupation	
Height (cm) Weight (kg)	Height (cm)	Weight (kg)

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Number of Years in competitive Sport



Notable Sporting performances (National/ European/International Representations)

Physiological Lab Results (Optional)

Please provide links to recent swim and run results/times in the last 18 months (if available)

Please include a summary of your sporting career to date including any notable achievements you feel may be relevant to this project. (Additional pages can be added.)

# → Thank you for your interest.

### **Michael Black**

National Head Coach Triathlon Ireland

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