

# TRIATHLON IRELAND

# Gold Coast 2018 Commonwealth Games Paratriathlon Nomination Policy 4-15 April 2018

#### INTRODUCTION

This document outlines the qualification process and nomination procedures of Triathlon Ireland's Gold Coast 2018 Commonwealth Games Nomination Policy (hereinafter referred to as the "Gold Coast Nomination Policy") for determining those athletes who will be nominated to the Northern Ireland Commonwealth Games Council (hereinafter referred to as NICGC) for selection to represent Triathlon Ireland (hereinafter referred to as TI) in the Paratriathlon events at the 2018 Commonwealth Games in Gold Coast (hereinafter referred to as CWG 2018) .

#### Abbreviations:

The Gold Coast 2018 Commonwealth Games Nomination Policy - "Gold Coast Nomination Policy" Northern Ireland Commonwealth Games Council - "NICGC" 2018 Commonwealth Games in Gold Coast - "CWG 2018" Triathlon Ireland - "TI" Gold Coast 2018 Nomination Panel - "Nomination Panel" High Performance Unit - "HPU"

TI will select athletes for nomination to NICGC. The NICGC has the exclusive power for the selection of athletes for participation of the Northern Ireland Team at the Commonwealth Games, Gold Coast 2018.

The Gold Coast Nomination Policy applies to the CWG 2018. Previous nomination policies will have no bearing on the Gold Coast Nomination Policy and cannot be used as a basis upon which an appeal or other complaint can be made in relation to athlete nomination for CWG 2018. The implementation of the Gold Coast Nomination Policy will be the responsibility of the Gold Coast 2018 Nomination Panel (hereinafter referred to as the "Nomination Panel").

The Nomination Panel will comprise the following minimum numbers

- Chair of the Panel
- Minimum two High Performance Coaches

The panel will comprise at least one male and one female

The Gold Coast Nomination Policy may be amended at any time by the Nomination Panel if the Nomination Panel is of the opinion that such an amendment is necessary to give effect to the Gold Coast Nomination Policy following discovery of a drafting error or oversight or for any other reason determined to be in the best interests of the nomination of athletes. All relevant stakeholders and longlist applicants will be notified of amendments, which will be published on TI website/HP section. Neither the Nomination Panel nor Triathlon Ireland will be responsible or liable in any way as a consequence arising from the introduction of any such amendment or amendments; and such amendments will be considered final and binding on all athletes.

Gold Coast Nomination Policy outlines guidelines, criteria and eligibility conditions relevant to the nomination of athletes to be members of the Northern Ireland Team to compete in the CWG 2018.

# 1. Eligibility to represent Northern Ireland

- In order to apply for consideration for the Northern Ireland Commonwealth Games Team in Gold Coast 2018 an applicant must meet the criteria as defined within the Commonwealth Games Federation's Constitution - article 25 (Eligibility) - <a href="http://www.thecgf.com/about/constitution.pdf">http://www.thecgf.com/about/constitution.pdf</a> (Appendix 1)
  (for any further clarification on eligibility- please contact NICGC <a href="http://www.nicgc.org">http://www.nicgc.org</a>)
- If an applicant has represented a country other than Ireland in Triathlon competition at any stage, that applicant must include written confirmation that their transfer has been approved by the International Triathlon Union with their Long List Information form.
- All applicants must be members of Triathlon Ireland and hold a current racing licence.

# 2. Athlete Registration for Gold Coast

Athletes who wish to be considered to represent Northern Ireland in the CWG 2018 must register with Triathlon Ireland by completing the Long List Information Form which is available upon request from HP office from eamonn@triathlonireland.com

The Long List Information form for all athletes should be completed and returned by Wednesday 9<sup>th</sup> August 2017 at 1700hrs.

#### 3. Athlete Selection for Nomination Process

The paratriathlon event in the Gold Coast Commonwealth Games 2018 is restricted to a single classification, PTWC (needs to be the new code). As such only athletes who have been classified in the category can be considered.

# The NICGC will allocate a maximum of just one male and one female place.

NICGC will provide an indicative number to Triathlon Ireland of team member places - approx. November 2017.

Triathlon Ireland Nomination Panel will hold a nomination meeting the week of 6-10 December 2017 or following confirmation from NICGC of final number of team member places, whichever is the later.

Appeals against non-selection/nomination for CWG 2018 as subject to the TI CWG 2018 Appeal Policy deadlines.

Triathlon Ireland Nomination Panel will nominate athletes, in a ranked order to the NICGC on or before 29th Dec 2017.

The NICGC will then make the final selection onto the Northern Ireland Team on 2nd January 2018.

# 4. TI Gold Coast 2018 Commonwealth Games Nomination Policy

The overriding principle behind this nomination policy is to maximise the opportunity for Triathlon Ireland to achieve the best possible result as a team in the CWG 2018 in both Individual and mixed relay events.

All the below criteria are subject to the allocation of places by the NICGC.

#### 4.1 Automatic Nomination

Event consideration period for Automatic Nomination to CWG 2018 will commence 1st February 2017 and end on 6th December 2017.

All Para Triathletes must be classified under the new ITU system and have obtained ITU points at international level. Documents and results must be forthcoming prior to selection.

Notwithstanding the requirements of automatic nomination, entry into ITU races will continue to be subject to performance indicators, previous race performance at current competition level and the goals of TI and its stakeholders.

Athletes will be selected for automatic nomination on the following criteria which are listed in order of importance in PTHC Class.

4.1.1 1 x Top 9 result in a World Para Series race.

If more athletes satisfy the above automatic criteria than places allocated by the NICGC then those athletes will be ranked in terms of a combination of the following factors. This will be a subjective decision of the Nomination Panel.

- Classified under the new ITU system.
- ITU Points gained in the race/s;
- The percentage time behind the first placed athlete in the race/s;
- Quality of field as per TI race rating.

TI will select an athlete (male /female) who the selection panel consider will offer the best possible medal winning opportunity and minimum capability of top 8 in the race. TI reserve the right to not fill a slot if the selection panel feel there are no athletes who fulfil the above criteria

# 4.2 Extenuating Circumstances

As determined by the Nomination Panel; in any decision regarding the nomination of athletes to the Team, the Nomination Panel may, in their sole discretion, take into account any extenuating circumstances which may include, but are not limited to, the following:

- a. Injury or illness;
- b. travel delays;
- c. Equipment failure:
- d. Bereavement or personal misfortune; and/or
- e. Any other factors reasonably considered by the Nomination Panel to constitute extenuating circumstances.

Athletes unable to compete at events, trials, or other attendances required under this Nomination Criteria, must advise High Performance Unit (hereinafter referred to as HPU) of the extenuating circumstances and reasons, in writing, with as much advance notice as possible and ideally 7 days prior to the commencement of the event, trial or other attendance. If the extenuating circumstance occurs during the race, HPU should be notified in writing within 4 hours of the completion of the race. If the HPU is not notified of any extenuating circumstances in accordance with this Nomination Criteria, then the Nomination Panel have no obligation to rely on such circumstances.

In the case of injury or illness, athletes may be required by the Nomination Panel to provide a medical certificate and/or to undergo an examination by a health practitioner/s nominated by the Nomination Panel, and to provide that opinion and/or report to the Nomination Panel. Any failure to agree to such a request may result in the Nomination Panel being unable to consider the injury or illness as an extenuating circumstance.

In the case of any extenuating circumstance/s, the Nomination Panel will make a decision on a case-by-case basis.

#### 5. Nomination Procedure

After consideration of this Nomination Criteria, within reasonable time of the Nomination Date, the Nomination Panel will follow the following procedure:

- 5.1 Confidentially inform all athletes, within 48 hours of Nomination Panel decision, who may reasonably have had a nomination claim, of their intended nomination or non-nomination;
- 5.2 Allow sufficient time to hear any questions or appeals; (see Appeals procedure)
- 5.3 Nominate the selected athletes to NICGC. The NICGC has the exclusive power for the Selection and Participation of the Northern Ireland Team at the CWG 2018.
- 5.4 Announce the team, under the NICGC's management and control.
- 5.5. Discuss with selected athletes, agree and communicate their necessary preparation plan for the Event;

# 6. Appeals Procedure

Nomination Appeals: An athlete may appeal to Triathlon Ireland against their non-nomination in accordance with the *Triathlon Ireland CWG 2018 Appeals Policy - Appendix 2 -* within 48 hours of their notification. Direct appeals to the NICGC will not be accepted.

#### 7. Reserve Athlete Procedure

Triathlon Ireland will identify one male and one female Reserve Athlete. The reserves will be announced at the same time as the CWG 2018 Team is announced. Inclusion of the reserve athlete will be at the discretion of the NICGC.

Triathlon Ireland will use the following Fitness to Compete Policy to judge when and if the reserve athlete(s) will be used.

The Fitness to Compete policy is a three-stage protocol detailed in Appendix 1.

- a) Phase One Mandatory fitness test sets;
- b) Phase Two implemented only if any athlete is unable to train at their full capacity;
- c) Phase Three implemented only if any athlete is unable to train at their full capacity

If an athlete(s) fails to fulfil the requirements of (b) or (c) above, The Nomination Panel have the right to substitute for the reserve athlete(s) at the subjective discretion of The Nomination Panel. The decision of the Nomination Panel will be final and not subject to appeal.

#### 8. Post Selection Criteria

- 8.1 Athletes selected for the CWG 2018 will sign an agreed Athlete Agreement.
- 8.2 Athletes will be required to attend one press conference organized by Triathlon Ireland/ NICGC.
- 8.3 Athletes may be required to attend the Triathlon Ireland holding and preparation camp. All athletes will be in camp prior to moving into the Commonwealth Games Village, unless previous agreement has been made, prior to the competition (Dates and venue to be confirmed).
- 8.4 Athletes may be required to attend all NICGC orientation camps and test events prior to the Commonwealth Games. (NICGC to confirm holding camp dates).
- 8.5 Athletes will be required to comply with UKAD Clean Games Policy 2017-2020, as endorsed by NICGC.

# 9. Availability to Compete

When confirmed as selected by NICGC, an athlete must confirm their availability or otherwise to attend Gold Coast 2018 and all related preparation and training camps/events.

# 10. Intent to Compete

At the time of submitting the NICGC Long List Form, I hereby acknowledge that I have read, understand and agree to abide by the Terms of Nomination as detailed in the Triathlon Ireland Gold Coast 2018 Commonwealth Games Nomination Policy above;

I further acknowledge that:

- I confirm that I am eligible to compete in CWG 2018 as per CGF Constitution July 2014.
- I will be responsible for any personal expenses as part of the nomination/selection process;
- I will be specifically bound in the case of a dispute, complaint or appeal to abide by the Triathlon Ireland Commonwealth Games 2018 Appeals Policy;
- I agree to abide by the Triathlon Ireland Fitness to Complete Policy for Commonwealth Games 2018;
- I enclose the following documents, as appropriate, to Triathlon Ireland, Unit E2 Glencormack Business Park, Kilmacanogue, Co Wicklow, Ireland:
  - 1. Completed NICGC Long List Form
  - 2. Proof of current TI Membership
  - 3. Transfer approval from ITU (if applicable)
  - 4. Classification Document.

Signed	Date	
Parent/Guardian Signature (If Under 18)	Date	

The deadline for receipt of the above documents and applications is Monday 14<sup>th</sup> August 2017 at 1700hrs (Scanned copy permitted by email)

Following the above a hard copy with original signature must be received in TI HQ by Friday 18th August 2017.

Appendix 1.

Male

- Generation of power on Hand bike (Watts) Greater than and not less than 140 watts for 30 minutes – Cadence at 90 using a Hand Crank Machine under Laboratory environmental conditions.
- Swim speed 100 x 9 sets maintaining 1.50 per 100 meters with 15 sec recovery or 2.10 minutes in open water environment point to point measured using digital laser for accuracy with the same recovery. Wetsuit or buoyancy aids can be used for support if required.
- Race chair holding 3.45 minutes per km in flat external environment (Race track isn't included).

# **Female**

- Generation of power on Hand bike (Watts) Greater than and not less than 100 watts for 30 minutes – Cadence at 70 using a Hand Crank Machine under Laboratory environmental conditions.
- Swim speed 100 x 9 sets maintaining 2.15 min per 100 meters with 15 sec recovery or 2.45 minutes in open water environment point to point measured using digital laser for accuracy with the same recovery. Wetsuit or buoyancy aids can be used for support if required.
- Race chair holding 4.30 minutes per km in flat external environment. (Race track isn't included).