

Rank	Name	Last Name	Sex	Age Cat	Province	Swim	Pos	T1	Cycle	Pos	T2	Run 2	FINISH Time
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Seniors

1.	Fabian Mangan		m	Senior	Connacht	00:05:58	1	00:00:14	00:21:58	1	00:00:16	00:09:36	00:38:04
2.	Oisin McGuigan		m	Senior	Ulster	00:06:15	4	00:00:21	00:24:42	4	00:00:10	00:08:49	00:40:19
3.	Ben Carr		m	Senior	Ulster	00:07:27	10	00:00:25	00:23:31	2	00:00:20	00:09:13	00:40:58
4.	Shane Murray		m	Senior	Leinster	00:06:26	7	00:00:13	00:24:31	3	00:00:19	00:11:02	00:42:34
5.	Alex Stewart		f	Senior	Ulster	00:06:17	5	00:00:18	00:26:19	5	00:00:28	00:11:18	00:44:41
6.	David O'Connor		m	Senior	Munster	00:06:08	3	00:00:23	00:26:36	6	00:00:12	00:11:22	00:44:43
7.	Dani Cunningham		f	Senior	Munster	00:06:05	2	00:00:22	00:28:51	10	00:00:18	00:11:40	00:47:17
8.	Molly Foley		f	Senior	Connacht	00:06:24	6	00:00:19	00:28:43	9	00:00:19	00:12:00	00:47:47
9.	Orla McDermott		f	Senior	Munster	00:06:42	8	00:00:17	00:28:24	8	00:00:17	00:13:10	00:48:53
10.	Leah Connaughton		f	Senior	Connacht	00:07:09	9	00:00:25	00:27:54	7	00:00:18	00:13:11	00:48:58
11.	Ciara Brady		f	Senior	Leinster	00:08:35	12	00:00:31	00:29:35	11	00:00:17	00:12:03	00:51:03
12.	Aoife Thorpe		f	Senior	Leinster	00:07:33	11	00:00:28	00:31:42	12	00:00:16	00:13:09	00:53:10

Inters

1.	Ralf Bodamer		m	Inter	Connacht	00:05:17	2	00:00:47	00:16:33	1	00:00:11	00:09:53	00:32:44
2.	Daragh O'Neil		m	Inter	Munster	00:05:09	1	00:00:33	00:16:57	2	00:00:14	00:10:08	00:33:03
3.	Jordan Johnson		m	Inter	Ulster	00:06:06	9	00:00:27	00:17:05	4	00:00:11	00:09:33	00:33:24
4.	Luke Burke		m	Inter	Connacht	00:05:50	4	00:00:20	00:16:58	3	00:00:28	00:09:50	00:33:27
5.	Oran Walton		m	Inter	Ulster	00:06:01	6	00:00:33	00:18:01	12	00:00:13	00:10:04	00:34:54
6.	Eoin McDermott		m	Inter	Connacht	00:06:08	10	00:00:24	00:17:05	5	00:00:13	00:11:03	00:34:54
7.	Paul McCool		m	Inter	Leinster	00:06:35	13	00:00:37	00:17:25	6	00:00:19	00:10:35	00:35:33
8.	Emma Boyle		f	Inter	Connacht	00:06:05	8	00:00:17	00:17:27	7	00:00:16	00:11:30	00:35:37
9.	Tadhg Keegan		m	Inter	Munster	00:05:52	5	00:00:27	00:18:19	13	00:00:16	00:11:09	00:36:05
10.	Aaron Quinn		m	Inter	Ulster	00:07:30	20	00:00:42	00:17:35	9	00:00:21	00:09:57	00:36:08
11.	Ronan Griffin		m	Inter	Leinster	00:07:18	18	00:00:39	00:17:58	11	00:00:11	00:10:17	00:36:25
12.	Carla Griffin		f	Inter	Munster	00:06:38	16	00:00:27	00:17:31	8	00:00:19	00:11:44	00:36:41



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13.	Elia Tutty		f	Inter	Munster	00:06:33	12	00:00:24	00:17:37	10	00:00:13	00:11:58	00:36:47
14.	Oisin McGinley		m	Inter	Leinster	00:07:40	22	00:00:22	00:19:30	15	00:00:15	00:10:25	00:38:14
15.	Ella Doherty		f	Inter	Munster	00:05:41	3	00:00:31	00:21:08	19	00:00:15	00:11:02	00:38:39
16.	Anna Johnson		f	Inter	Ulster	00:06:36	14	00:00:30	00:20:14	16	00:00:14	00:11:22	00:38:57
17.	Eve Furlong		f	Inter	Leinster	00:07:39	21	00:00:28	00:19:28	14	00:00:14	00:11:57	00:39:47
18.	Kate McCrystal		f	Inter	Leinster	00:09:09	23	00:00:13	00:20:22	17	00:00:16	00:10:33	00:40:35
19.	Heather Connolly		f	Inter	Connacht	00:06:28	11	00:00:26	00:20:24	18	00:00:15	00:13:13	00:40:48
20.	Orla Morris		f	Inter	Ulster	00:06:05	7	00:00:15	00:21:22	20	00:00:14	00:14:00	00:41:58
21.	Francesca Walshe		f	Inter	Leinster	00:06:38	17	00:00:25	00:21:41	23	00:00:32	00:12:49	00:42:08
22.	Orla Cash		f	Inter	Ulster	00:06:38	15	00:00:34	00:21:28	22	00:00:30	00:13:08	00:42:20
23.	Leah McManus		f	Inter	Connacht	00:07:29	19	00:00:48	00:21:22	21	00:00:25	00:12:44	00:42:50
	Conor McDonagh		m	Inter	Munster		-1			-1			

Juniors

1.	Ross McGuinness		m	Junior	Connacht	00:05:04	6	00:00:19	00:18:27	3	00:00:11	00:06:20	00:30:24
2.	Cillian McGahon		m	Junior	Ulster	00:04:32	1	00:00:36	00:19:44	9	00:00:13	00:06:02	00:31:09
3.	Tom McGrane		m	Junior	Leinster	00:05:33	10	00:00:25	00:18:15	2	00:00:10	00:06:50	00:31:14
4.	Charlotte Moore		f	Junior	Ulster	00:04:48	4	00:00:25	00:19:25	7	00:00:22	00:06:27	00:31:29
5.	Shane Burke		m	Junior	Leinster	00:06:39	15	00:00:47	00:17:25	1	00:00:26	00:06:24	00:31:42
6.	Aoife Durrane		f	Junior	Connacht	00:04:54	5	00:00:28	00:18:56	4	00:00:10	00:07:21	00:31:51
7.	Olivia Moore		f	Junior	Ulster	00:04:47	3	00:00:29	00:19:23	6	00:00:23	00:06:51	00:31:56
8.	Anthony Boyle		m	Junior	Connacht	00:05:23	7	00:00:32	00:19:41	8	00:00:13	00:06:10	00:32:01
9.	Jack McGuire		m	Junior	Munster	00:05:30	9	00:00:27	00:19:08	5	00:00:20	00:08:00	00:33:26
10.	Billy Black		m	Junior	Ulster	00:05:43	12	00:00:47	00:19:45	10	00:00:13	00:07:19	00:33:49
11.	Lia Cunningham		f	Junior	Munster	00:05:39	11	00:00:27	00:20:51	13	00:00:11	00:07:38	00:34:48
12.	Jack Foley		m	Junior	Connacht	00:06:45	16	00:00:20	00:20:46	12	00:00:16	00:06:50	00:34:59
13.	Shima Lanigan		f	Junior	Munster	00:05:50	13	00:00:31	00:20:36	11	00:00:14	00:08:00	00:35:13
14.	Sheenagh McKenna		f	Junior	Ulster	00:05:27	8	00:00:43	00:22:30	18	00:00:17	00:07:13	00:36:11
15.	Luke Ryan		m	Junior	Munster	00:07:17	18	00:01:04	00:21:26	16	00:00:21	00:06:27	00:36:37
16.	Tom Ruddle		m	Junior	Munster	00:06:56	17	00:00:51	00:21:32	17	00:00:17	00:07:10	00:36:49



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17.	Ellen Murray		f	Junior	Leinster	00:06:21	14	00:00:22	00:21:07	14	00:00:21	00:08:38	00:36:51
18.	Mia McKinney		f	Junior	Ulster	00:04:45	2	00:00:36	00:23:27	19	00:00:21	00:07:48	00:36:59
19.	Hannah Diver		f	Junior	Ulster	00:08:20	19	00:00:42	00:21:24	15	00:00:17	00:07:09	00:37:54
	Saoirse Davis		f	Junior	Munster	00:05:06	20	00:00:36	00:30:17	20			DNF
	Niahm McKane		m	Junior	Ulster		-1			-1			

Minors

1.	Fionn McLaughlin		m	Minor	Ulster	00:03:16	1	00:00:33	00:10:48	1	00:00:17	00:06:00	00:20:55
2.	Katie Gannon		f	Minor	Ulster	00:03:38	6	00:00:37	00:11:20	3	00:00:12	00:07:16	00:23:05
3.	Callum O'Neil		m	Minor	Leinster	00:04:08	15	00:00:33	00:11:43	5	00:00:14	00:06:30	00:23:11
4.	Luke O'Shea		m	Minor	Munster	00:03:29	3	00:00:38	00:10:58	2	00:00:19	00:08:11	00:23:36
5.	Amy Lundy		f	Minor	Ulster	00:03:24	2	00:00:32	00:11:34	4	00:00:11	00:07:59	00:23:42
6.	Wojciech Marzec		m	Minor	Leinster	00:03:44	8	00:00:44	00:12:04	8	00:00:15	00:07:05	00:23:53
7.	Ryan Lundy		m	Minor	Ulster	00:03:37	5	00:00:30	00:11:57	7	00:00:12	00:08:00	00:24:18
8.	Ally Cunningham		f	Minor	Munster	00:03:49	9	00:00:29	00:13:02	11	00:00:13	00:06:45	00:24:20
9.	Ella Corbitt		f	Minor	Munster	00:03:39	7	00:01:02	00:12:50	10	00:00:14	00:06:44	00:24:31
10.	Andrew Larkin		m	Minor	Ulster	00:03:31	4	00:00:56	00:12:35	9	00:00:19	00:08:11	00:25:35
11.	Mary Kate Graham		f	Minor	Ulster	00:04:08	14	00:00:37	00:13:12	13	00:00:13	00:07:26	00:25:38
12.	Kori Leigh Long		f	Minor	Ulster	00:03:56	10	00:00:42	00:13:44	14	00:00:15	00:07:24	00:26:03
13.	Nina Bodamer		f	Minor	Connacht	00:04:04	12	00:00:36	00:13:04	12	00:00:13	00:08:05	00:26:06
14.	Eoin McClearn		m	Minor	Connacht	00:04:07	13	00:00:43	00:11:53	6	00:00:16	00:10:19	00:27:20
15.	Tara Mullen		f	Minor	Ulster	00:03:57	11	00:00:46	00:15:27	16	00:00:14	00:08:58	00:29:24
16.	Nicola Morrison		f	Minor	Ulster	00:04:10	16	00:00:34	00:15:05	15	00:00:20	00:09:20	00:29:30
	Molly Boote		f	Minor	Connacht		-1			-1			

Number of records: 74
Results are Provisional until confirmed, Full Results on www.coretiming.ie

