



Leaders should familiarise themselves with the Code, in particular the Guidelines and Code of Conduct. Leaders should read below and agree to abide by these terms. Leaders should update the self-declaration questions annually.

As a leader in Triathlon Ireland I agree that I should

- Be positive during sessions and competitions, praise and encourage effort as well as results
- Put welfare of young person first, strike a balance between this and winning / results
- Encourage fair play and treat participants equally
- Recognise developmental needs, ensuring activities are appropriate for the individual
- Plan and prepare appropriately
- Have experience relevant to working with young people or hold up-to-date qualifications and be committed to the guidelines in this Code
- Involve parents where possible and inform parents when problems arise
- Keep a record of attendance at training and competitions
- Keep a brief record of injury(s) and action taken
- Keep a brief record of problem/action/outcomes, if behavioural problems arise
- Report any concerns in accordance with this Code’s reporting procedures

Where possible I will avoid

- Spending excessive amounts of time with children away from others
- Taking sessions alone
- Taking children on journeys alone in my car

Sports Leaders should not

- Use any form of physical punishment or physical force on a child
- Exert undue influence over a participant in order to obtain personal benefit or reward
- Take children to their home
- Engage in rough physical games, sexually provocative games or allow or engage in inappropriate touching of any kind, and /or make sexually suggestive comments about, or to a child. This includes innuendo, flirting or inappropriate gestures and terms
- Take measurements or engage in certain types of fitness testing without the presence of another adult
- Undertake any form of therapy (hypnosis etc.) in the training of children
-

Do you agree to abide by the guidelines contained in the Code of Ethics & Good Practice for Children’s Sport?	Yes	No
Do you agree to abide by the guidelines contained in the Triathlon Ireland Safeguarding Code of Ethics for Young People?	Yes	No
Have you ever been asked to leave a sporting organisation? <i>(If you have answered yes, we will contact you in confidence)</i>	Yes	No
Have you ever been convicted of a criminal offence or been the subject of a caution or are you at present the subject of criminal investigations? <i>(If you have answered yes, we will contact you in confidence)</i>	Yes	No

Please circle one answer

I am aware of and agree to abide by the Manual of Guidance and Code of Conduct for _____ (enter Club name) & Triathlon Ireland.

Print Name _____ Signed _____ Date _____

**Leader means: Any person, whether paid or unpaid with responsibility for children; roles include but not limited to children’s officer, designated persons, supervisor, team manager, sports science personnel, volunteers, committee members, tutors, coaches and teachers.*